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'Slower speed saves lives'

VISION ZERO

City's 30 km/h pilot reduces collisions dramatically



Ameya Charnalia
For Metro | Edmonton

The city's pilot project to reduce speed limits in school zones to 30 km/h is making streets safer.

Collisions causing injuries to cyclists and pedestrians fell by more than 70 per cent from an average of seven before the change was implemented in 2014 to just two during the school year in 2015.

Safety engineers from the city installed new pedestrian crossing lights, zebra crosswalks, driver feedback signs to mitigate speeding, and reflective poles on stop signs across 12 school zones over the summer.

The upgrades were part of the city's Vision Zero strategy — a long-term goal to eliminate traf-

fic fatalities and serious injuries on city roads.

The reduced speed limits are a good start, but the city needs to do more to make roads safer for pedestrians, bicyclists and children, said Julie Kusiek, a member of street advocacy group, QA Crossroads.

"I hope that as the city goes forward in designing roads, they will take a serious look at Vision Zero and the role that speed has to play in achieving that goal."

Edmond Chui, who was wearing reflective strips when he says he was nearly hit in a north-end crosswalk last month, told Metro in an email he applauds the city for lowering collision rates, but hopes 30 km/h speed limits are implemented across residential areas.

"Slower speed saves lives," he said. "I have driven up and down my neighbourhood to test out how much I'm delayed by going 30 km/h and 50 km/h with the longest routes possible. It's literally less than a minute."

The city is planning another 48 safety upgrades over the next two years at schools across Edmonton.



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ERIC HLOKOFF/FOR METRO

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ROGERS PLACE

Garbage cans removed from entryway art



Kevin Maimann
Metro | Edmonton

A social media firestorm led to the removal of garbage cans that were placed atop a celebrated art piece in the entryway to Rogers Place.

Several people posted photos on Twitter Wednesday night after the Edmonton Oilers season opener that showed two trash bins on top of the 14-metre circular mosaic Tsa Tsa Ke K'e (Iron Foot Place).

Many said covering the intricate mural, which was designed by Canadian artist Alex Janvier and publicly unveiled last month, was disappointing and disrespectful.

By Thursday afternoon, the Edmonton Arts Council (EAC) had been assured by the Oilers Entertainment Group that the bins would be removed from the mural and would not be placed there again.

"We were excited to see that

so many people in the city are so passionate about this artwork that they were contacting us to tell us," said EAC spokesperson Jenna Turner.

"People are so invested in this artwork, which is lovely."

The mosaic is made up of close to a million Byzantine glass tiles.

The piece was created with funding from the city's Percent for Art Program, and the EAC directed the selection process.

Tim Shipton, OEG's vice-president of corporate communications and government relations, said in an emailed statement that the positioning of the waste receptacles was "inadvertent."

"We acted immediately to remove them and have reviewed with our Rogers Place staff to ensure the situation does not occur again," Shipton wrote.

"The Janvier mosaic is one of the most beloved features in Rogers Place and we respect its importance."



Alex Janvier's Tsa Tsa Ke K'e mosaic at Rogers Place. METRO

Dog paddle therapy

PETS

Geriatric canines need to swim for relief, therapist says



Ameya Charnalia
For Metro | Edmonton

An Edmonton woman hoping to open the city's first canine aquatic centre believes it will lend a helping paw to geriatric dogs in the community.

Janice Hansen, a graphic installer, is hoping to make a career change in the coming months.

Her dream job? To become a certified canine aquatic therapist.

Aquatic therapy can help dogs suffering from obesity, sore joints, injury and degenerative diseases, said Hansen, who also hopes to provide canine massage therapy.

"When you come home from a long day at work, you go for a hot bath, it just makes you feel good and it does the same thing for dogs."

Colby, her 16-year-old dog who suffers from aching bones, was a "completely different dog when he got out of the warm water," she said.

After being unable to find a canine aquatic facility in Edmonton, she decided to circulate a petition at her local dog park to see how much interest there is in opening one in the city.

She's collected 600 signatures in the last month and started a petition online.



Janice Hansen hopes to provide Colby and other dogs an aquatic centre to soothe their aches and pains. ERIC HLOOKOFF/FOR METRO



When you come home from a long day at work, you go for a hot bath, it just makes you feel good and it does the same thing for dogs. Janice Hansen

Hansen said the facility would have two sections: one area would house a pool where pooches can swim year-round; the other would be a quiet place for therapy.

She said she will soon head to the La Paw Spa in Washington for canine aquatic therapy

training. The centre has been providing warm-water therapy for dogs since 1996. Its training involves students learning about both the profession and therapy techniques.

"I'm basically going to be spending about six days in the water with 10 dogs," said Hansen.

Hundreds of people came to attend the YMCA Doggie Dip this summer, Hansen said, which is an indication that there is interest in a local facility where pet-owners and their dogs can swim together. Dogs were allowed to beat the heat and swim at the Jamie Platz Family YMCA pool for the day during the June event before crews emptied the pool for their annual shutdown.

Hansen plans to move ahead with funding plans only once she has gauged there to be sufficient community interest in the facility.



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Historic building opens anew

ENBRIDGE CENTRE

Developer touts downtown 'renaissance'



Kevin Maimann
Metro|Edmonton

In with the old and with the new.

The Enbridge Centre officially opened its doors Thursday at Rice Howard Way and 101 Street, with 28 storeys of office space atop the reconstructed foundation of the 100-year-old Kelly Ramsey building.

John Day, the developer who spearheaded the project, said the financial building's placement is "a symbol of downtown Edmonton's renaissance."

"For most of Edmonton's history, downtown was the city's business hub. That unfortunately shifted a bit over time to the detriment of our city. But things are starting to change," Day said.

"As a lifelong Edmontonian, I can honestly say I've never seen our city so confident in what it can do and where it can go."

Enbridge will move employees from six locations to occupy 14 floors of the building. Other tenants that will fill out some of the 2,500 employee spaces include KPMG, Field Law, BMO and National Bank Financial.

The Kelly Ramsey building was constructed in 1926 as a partnership between real estate developer John Kelly and colourful merchant James Ramsey, and has seen many reincarnations since.

Day purchased the building after fire destroyed it in 2009. All the original bricks were removed, cleaned and re-installed within two feet of its original location when construction started on the Enbridge Centre in 2013.

The original façade was



I've never seen our city so confident.

John Day, developer

declared a municipal historic resource, which helped Day secure \$1.8 million in public funds for restoration, while the rest of the near-\$300-million cost came from private



\$1.8 million in public funds went to the restoration.

ERIC HLOOKOFF/FOR METRO

investors.

Mayor Don Iveson said the project shows Edmonton is a strong business centre.

"It is a leading indicator of businesses' continued confidence in Edmonton as a place to do business, and downtown in particular as the heart of commerce in our city, and culture and vibrancy, where it all comes together," he said.

A pedway over 101 Street links the building to Manulife Place.



Mayor Don Iveson said the opening shows businesses are confident that downtown is the 'heart of commerce in our city.' ERIC HLOOKOFF/FOR METRO

PUBLIC HEALTH

Edmonton Remand Centre deaths raise fears of fentanyl crisis

Three deaths at Edmonton's Remand Centre have raised fears of widespread fentanyl abuse.

Alberta Justice officials said Thursday there were three deaths this year at the lockup, but wouldn't confirm they were caused by fentanyl.

"The cause of death isn't released due to privacy considerations for the deceased and his family, or (if) the cause of death hasn't yet been determined,"

said spokesman Dan Laville in a statement.

Laville confirmed the deaths were on May 14, Sept. 1 and Sept. 9.

CBC reported unnamed sources saying the three cases were overdoses and that the centre is rife with fentanyl abuse.

Alberta Health Services says that from the end of February to the end September there were 23 suspected opioid overdoses

at the centre.

It said during that time 23 doses of naloxone — which blocks or reverses the effects of opioids — were administered by medical staff.

The province is making naloxone more widely available for emergency resuscitation in fentanyl overdose cases.

Alberta Liberal Leader David Swann said the remand centre deaths are a dangerous sign.

"Even in controlled environments, the number of opioid deaths in Alberta is rising. This should ring alarm bells throughout the province," said Swann in a news release.

"I am also frustrated that Albertans are relying on the media to investigate and publish these statistics, rather than our government."

"Alberta health officials have repeatedly stated a public health

emergency is not necessary. However, the slow drip of information and regular revelations of new problems indicate the government of Alberta does not have the grip on this crisis it says it does."

There were 159 fentanyl-related deaths in Alberta in the first six months of this year, compared with 139 over the same time period last year.

The problem worsened last week when Karen Grimsrud,

Alberta's chief medical officer of health, confirmed that carfentanil was recently found in autopsies of two Alberta men.

Carfentanil is about 100 times more toxic than fentanyl and about 10,000 times more toxic than morphine.

The opioids, even in very small doses, can kill by reducing breathing functions to such a low level, the brain is starved of oxygen. THE CANADIAN PRESS

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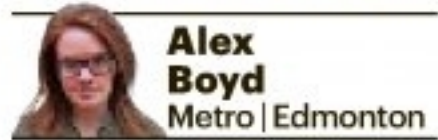
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Hockey fans mean net gains at bars

DEVELOPMENT

Jersey crowd jostling for parking, filling restos in core



Alex Boyd
Metro | Edmonton

Heads up, downtown, the hockey crowd has arrived.

Denizen Hall was a "sea of jerseys" Wednesday night before the puck dropped for the Oilers' first game, said general manager Matt Kinal.

He'd brought in twice the staff, but crowds seeking pre-game food and drinks were easily triple or quadruple a typical Wednesday night, he said.

Kinal said the bar, known for its old-timey arcade games, is thrilled the arena's open, but

there are some growing pains. "A think a lot of people's issue is trying to figure out where to park," he said. "It's affecting staff and people coming down generally."

He adds closures and congestion have made it difficult for taxis or rented buses to get to them, and crowds have kept some of their regulars away.

Still, it's opened them up to a different crowd, he said.

"Denizen Hall has a pretty good reputation with the 18 to 28 crowd and we're usually pretty busy on the weekends, but this is definitely filling up the rest of our days."

Down the street at the Joey's that opened in Bell Tower in August, day manager Justin Pederson said their daytime business clientele is giving way to big evening crowds on event nights.

"We were probably full — the restaurant, the lounge, the



Matt Kinal is the manager of Denizen Hall in the Ice District and says the bar is planning to expand their hours to seven days a week. ERIC HLOOKOFF/FOR METRO

terrace — by 4:20 or 4:30," he said, adding there was an hour-and-a-half wait Wednesday.

"It was a great vibe. Everyone was in jerseys, taking pictures."

Nick Parkinson, president and CEO of YMCA Northern Alberta, said their residence hasn't had an issue with the crowds, though not surpris-

“It's going to be absolutely dynamite in that area.”

Nick Parkinson

ingly their parking garage has seen more demand.

He adds that construction season isn't over yet, either.

"We're going to take some time to grow into [the Ice district] and its going to take another few years before we're built out, but it's going to be absolutely dynamite in that area."

ENVIRONMENT

Fish disease outside Banff park

Whirling disease in fish has been found for the first time outside of Banff National Park in Alberta.

The Canadian Food Inspection Agency says it was detected on Oct. 6 in Lott Creek in Rocky View County north of Calgary. It was also detected Oct. 4 at a commercial fishery licensed by the Alberta government.

Whirling disease poses no risk to humans, but may cause infected fish to swim in a whirling pattern and die prematurely. It can be transmitted to other water bodies through fish and equipment used for swimming, paddling, boating and fishing.

"Whirling disease may have been present for several years and the ongoing sampling will help determine the extent of the distribution," the agency says on its website.

The disease was first detected in Johnson Lake in Banff National Park in late August. Since then seven more cases have been found in the park.

THE CANADIAN PRESS



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A long view of the housing market

DEVELOPMENT

Metro chats with chief economist John Rose



Alex Boyd
Metro | Edmonton

In the latest bit of Alberta economic gloom, the Royal LePage House Price Survey detailed Tuesday that Edmonton average home prices declined by 3.1 per cent, to \$374,712, compared to the same quarter last year.

We checked in with Edmonton chief economist John Rose about that number, the city's economic outlook and other numbers he's watching.

How concerning is the decline number?

It's very difficult to square that number with the information from the Edmonton Real Estate board last week, which indicated house prices in the Edmonton region were actually down less than one per cent. So I find the three per cent number a bit high.

The report details that some of that is due to construction workers leaving the city. How big of a factor is that?

We've lost around 20,000 jobs in the construction sector in the Edmonton region since May. A lot of that is related to the slow-down in residential construction, particularly large multi-family rental construction. It's down very significantly.

As a government town, Edmonton has been shielded



The average price for a house in Edmonton has dropped — but the experts disagree by how much. METRO FILE

from a lot of Alberta's economic struggles. Is that still the case?

Absolutely. Twenty-five percent of Edmonton's employment is either in health care, education or public administration. And the fact that the provincial government in particular has not cut back in spite of the deficits that they're facing — very significant deficits by the way — has been a real support to the Edmonton economy.

The other factor in our favour has been the burst of development in the downtown core.

How are you feeling about Edmonton's economic outlook?

We've weathered 2015 and 2016 relatively well. Our unemployment rate is 7.7 per cent and that's high for Edmonton by historical standards but nowhere near what it is in other parts of the province.

So we continue to do reason-

ably well. So what we should see going into 2017 is modest growth and modest improvement in employment but it's going to be a long, slow grind.

What are the indicators do you watch to understand what's going on?

Housing starts, building permits, and employment numbers and inflation are always top of mind. But I also look at commercial vacancy rates, rental vacancy rates and in particular any population numbers I can lay my hands on. What we really need to be very cognizant of is levels of migration into the city. We continue to see the working-age population in Edmonton continue to grow, we haven't seen anything that would suggest we're experiencing net out migration but as soon as you see numbers showing net out migration, that's very bad.

REGULATIONS

Buyers try to close deals before federal mortgage rules kick in



Ameya Charnalia
For Metro | Edmonton

A real estate broker says a federal measure to tighten mortgage rules is translating to a flurry of activity in the Edmonton real estate market.

The federal government announced earlier this month that a stress test that had only applied to borrowers who opted for variable rate mortgages

or fixed rate mortgages with terms less than five years will now be used for all home buyers with less than a 20 per cent down payment.

The new rules kick in on Monday.

Anecdotally speaking, a number of buyers are trying to finish deals before Monday, said Tom Shearer, broker and owner of Royal LePage Noralta Real Estate.

"I know that there are a number of agents that have

buyers out there that are trying to get a transaction completed by the 17th."

Although the market will stabilize, Shearer said, first-time property buyers could feel the pressure of the new lending rules.

"One of the most active buyers in our market are first time home buyers and they're the fuel that turns the engine in our real estate market," he said.

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EATING

Food delivery apps taking city by storm

Lucy Haines
For Metro | Edmonton

Feel like a Wendy's burger? Maybe your favourite Chinese take out?

Food apps are becoming increasingly popular in Edmonton (as in most major cities around the world), bringing technology and convenience into play when hunger strikes.

And it's not just the typical restaurants that people assume offer online-ordered pick-up or delivery service — fast food, pizza, Asian or Italian grab-and-go or mid-priced places.

Instead, it's higher-end, fine dining spots too, all looking for business whatever way it comes.

The UberEats app allows users to order meals from 40 city restaurants — El Cortez, MKT Fresh Food and Beer Market, and Block 1912 Café among them, and have it delivered by Uber drivers.

With the Just Eat app, users punch in their postal code and what they feel like eating, and a slate of menus pops up for restaurants that deliver to the area.

In nearly five years here, the company has made ties with 107 Edmonton restaurants, giving the eateries added visibility and new and repeat customers, according to Just Eat content specialist Shorey Andrews.

"(Customers) can choose from restaurants they have never



All you need to do is choose a restaurant, place your order and wait for your food to arrive.

Shorey Andrews

heard of before, or thought to try," she said.

In an increasingly competitive field, which includes Skip the Dishes and grocery delivery businesses like Organic Box and Spud, companies sometimes offer free delivery on minimum order values (\$15 minimum with Just Eat).

Streetfoodapp.com leads food truck fans to where their favourite mobile eateries are parked on any given day.

Top-rated Drift Food Truck owner Kara Fenske said though she can't give all the credit to food apps, social media does play a big role in the relationship between her truck and customers.

"The food app, Facebook and our website — they all help people find us easily," said Fenske.

Andrews said it's easy to understand the growth in food apps. "All you need to do is choose a restaurant, place your order and wait for your food to arrive."

IN BRIEF

Scene of chaos described in police shooting death

The Alberta Serious Incident Response Team says a 76-year-old man who was shot by police earlier this week had also suffered a cut to his neck and at least three stab wounds.

ASIRT says before the man was shot and died,

police encountered a 21-year-old man covered in blood, carrying a knife, at the south-end residence Tuesday, saying a family member had attacked him. He dropped the knife when told.

The older man, also armed with a knife, did not.

THE CANADIAN PRESS

Infill rules changes costly: Developers

URBAN PLANNING

Permits in pipeline now need abrupt revision

Tim Querengesser
Metro | Edmonton

A growing group of infill developers is questioning the city's commitment to its rule making process after council made a costly bylaw shift on privacy rules before its ongoing review of infill policies is complete.

"We're disappointed council hasn't allowed the mature neighbourhood overlay process to address all the issues at once," said Rick Arndt, president of Urbis Developments, which builds infill housing in Edmonton.

"They're allowing them piecemeal. That's not the process council said would be followed."

City staff have a much different perspective on the changes to privacy bylaws for infill developments — and it requires a bit of a history lesson.

Back in 2015, Edmonton launched the mature neighbourhoods overlay to address growing concerns about infill developments, which the city has identified as a central solution to its ongoing addiction to sprawl — targeting up to 25 per cent of new development to be within these mature neighbourhoods.

The mature neighbourhoods review is scheduled to come before council, after years of data and comment gathering,



An infill development on the western edge of Edmonton's downtown. METRO FILE

in November 2017.

But at around the same time this umbrella infill process started, a group of concerned community leagues and city councillors demanded city staff address privacy concerns

with skinny homes in mature neighbourhoods, said Colton Kirsop, a senior planner in the city's administration.

At the same time that council approved so-called skinny homes, Kirsop said, it also gave administration a tight deadline to create bylaw solutions for these privacy concerns.

The bylaw changes announced in early October were the response to that request, Kirsop said, adding that requests for input from the development industry on the proposed changes drew no response.

But developers see the changes differently.

Permits already well on their way to approvals now need to be revised, Arndt said.

He added those changes have set his company back up to six weeks on houses it had permits to build before the change was made and could cost Urbis up to \$10,000.

Tegan Martin-Drysdale, president of RedBrick Developments, another infill developer, shares Arndt's frustration.


"There's things that are happening in parallel that aren't connected here," she said.

"There's a fear around taking leadership within the administration. They've had their hands slapped in the past. We need urban planners stepping up saying, 'This is best practice, that this is how you build an efficient, walkable city.'"



We're disappointed council hasn't allowed the mature neighbourhood overlay process to address all the issues at once.

Rick Arndt



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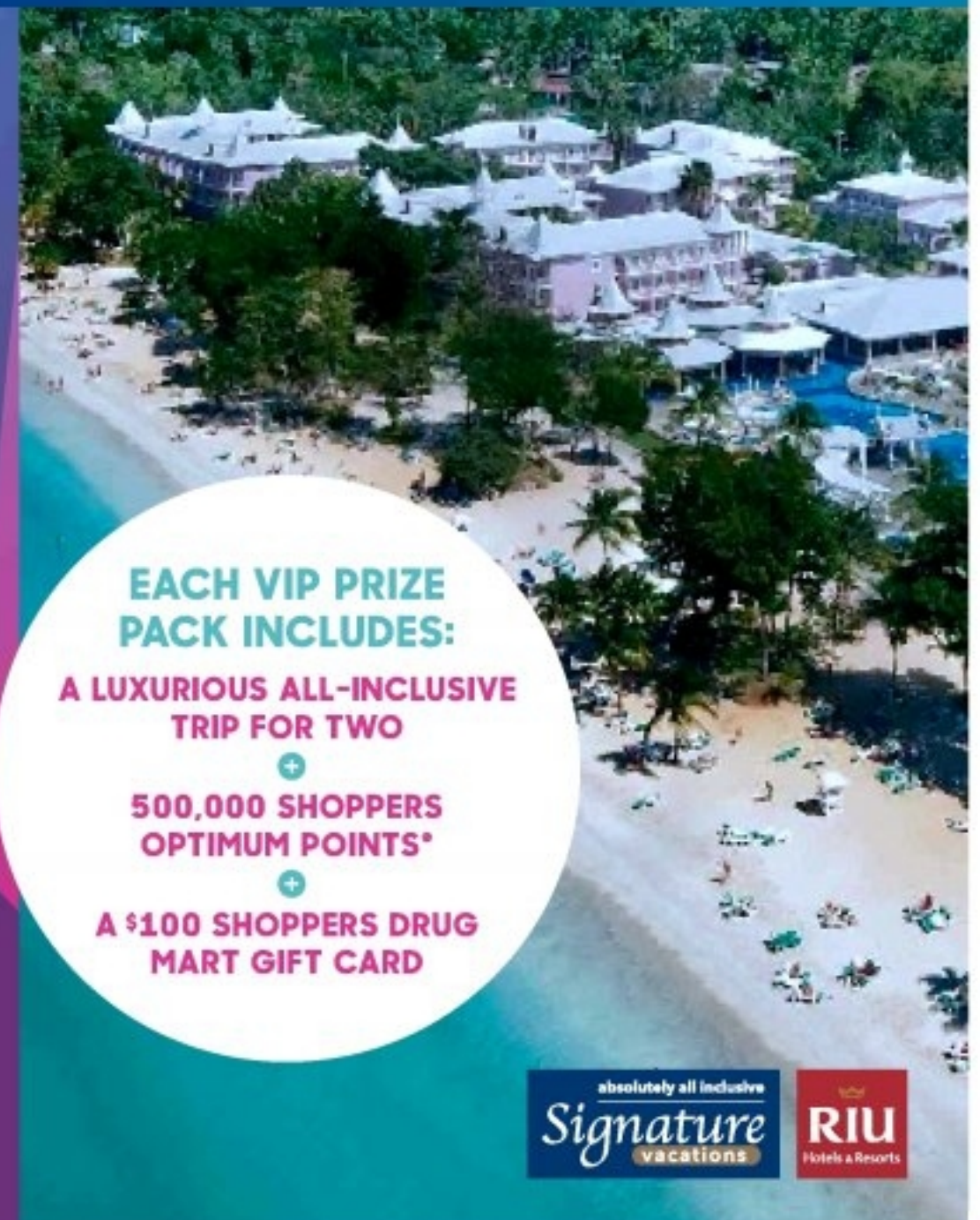
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REFINING

Energy panel to explore oil upgrades

The Alberta government has struck a panel to advise it on the best way to upgrade its energy industry.

Energy Minister Marg McCuaig-Boyd said Thursday the seven-member panel will do research, talk to stakeholders and the public, and report back in a year on initiatives such as upgrading and refining.

"We're going to have them look at all of those options," said McCuaig-Boyd.

"If there is going to be gov-

ernment policy or programs to help with this, we want to make sure we're strategic.

"We'll defer to the committee on the best advice of what will bring investment."



If you look at past NDP policy, it's not intuitive that way.

Leela Sharon Aheer

Its co-chairs are Jeanette Patell with General Electric, and Gil McGowan, the president of the Alberta Federation of Labour.

The panel has a budget of \$150,000 and it's not clear yet what its public engagement process will look like.

Adding to and upgrading value for Alberta's oil and gas resources has been a cornerstone policy of Premier Rachel Notley's government.

Wildrose energy critic Leela

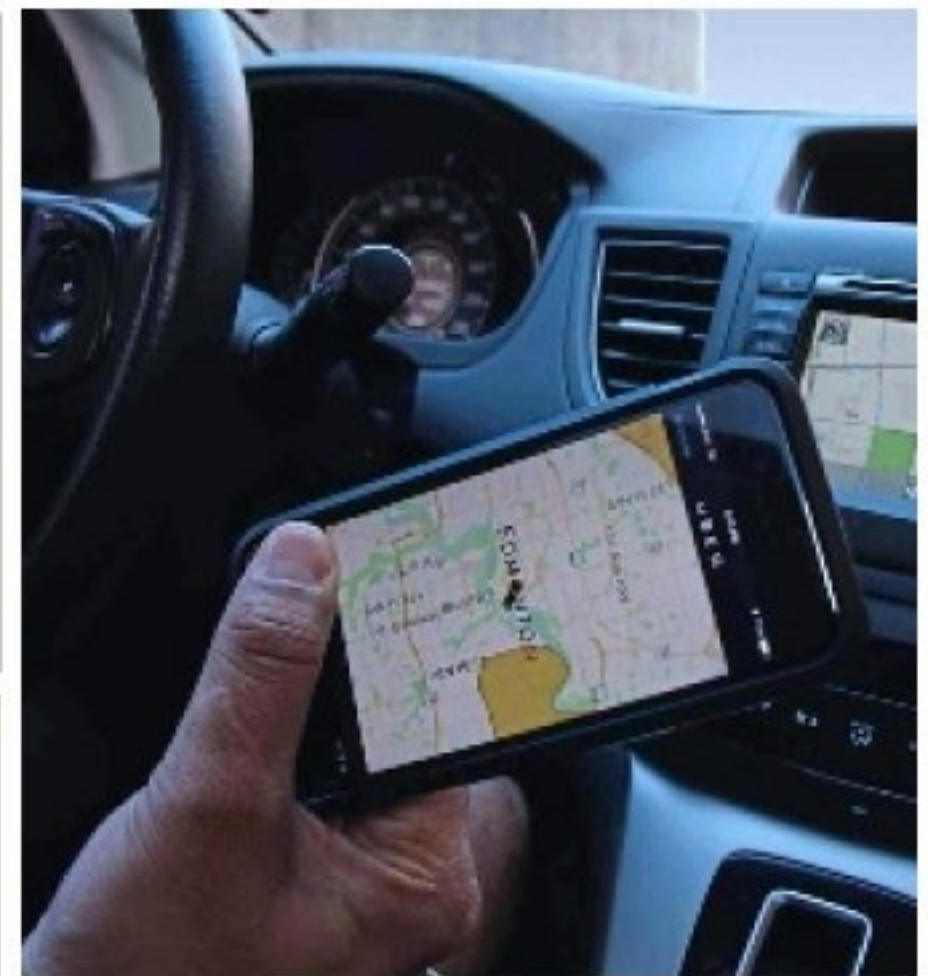
Sharon Aheer agreed attracting investors should be at the top of the panel's agenda.

But she said the current NDP policy, such as the looming broad-based carbon tax, is working at cross purposes.

"We have to see how it's going to attract investment. That should be at the top of that mandate," she said.

"But if you look at past (NDP) policy, it's not intuitive that way."

THE CANADIAN PRESS



Uber and other ride-share companies help reduce traffic congestion, according to a new study. METRO FILE

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Uber easing not felt here

TRAFFIC

Ride-sharing helps reduce traffic in U.S. study shows



Jeremy Simes
For Metro | Calgary

City officials from Calgary and Edmonton can't say if Uber reduced traffic congestion, despite claims from an American study that suggested the ride-sharing company had a positive effect on bottlenecks.

Arizona State University recently released a study that shows Uber reduced congestion in 87 urban areas in the United States.

In response to the study, Uber spokesman Jean-Christophe de la Rue said the ride-share service has the potential to help solve traffic congestion.

"We look forward to further research in this area, and are excited to work with cities around the world to develop the future of transportation," he said in an email.

City of Edmonton spokeswoman Carol Hurst declined to comment on the study. But she said it's too soon to know

whether rideshare companies have had an impact on Edmonton.

In Calgary, spokeswoman Tara Norton-Merrin said the city hasn't studied the issue in depth.

"Unfortunately there's no Calgary data since Uber only operated briefly and is not currently operating here," she said. "But will be looking into the benefits as we seek to update our Transportation Plan in the coming years."

The Arizona State University study also found that Uber cut travel time and saved gas for drivers.

The researchers gathered data from the Urban Mobility Report, which look at congestion statistics in the United States, comprising 957 observations from 87 urban areas in the United States over 11 years.

They chose a time window between 2004 and 2014 to balance the number of time periods before Uber's entry.

Researchers controlled for coincidence, meaning traffic congestion decreased after Uber arrived but not because of it.

The ride-sharing company had no involvement in the study, according to the researchers, who said they chose Uber as it's the largest service of its type.



We are excited to work with cities around the world to develop the future of transportation.

Jean-Christophe de la Rue, Uber

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PUBLIC SAFETY

Clown business hurt by creepy counterparts

Lucy Haines
For Metro | Edmonton

The creepy clown phenomenon that has swept across North America in recent months is causing a unique problem.

Clown Cartel, a home-based local business that supplies clowns and other dress-up characters to entertain at kid's parties or for team-building at corporate events, is the unwitting casualty of the fear and anger-inducing behaviour that has seen clowns pop out of bushes to scare passersby, commit crimes and even latch onto the back of city buses.

"They call themselves Clown Cartel in the U.S. They have no phone number or Facebook page — but we do. People think we're the organizers of the creepy clown thing," said Edmonton's Clown Cartel owner Iain Little.

"Last week, we had more people call about this issue than about booking a party. Some left crude messages, but some also wanted to know how to join."

Little said the trend away from using clowns at parties has been happening for years.

Little also said he feels the tide is turning on creepy clown sightings, but acknowledges that all bets are off for Halloween.

IN BRIEF

Oil leak 5 CFL fields in size

Trilogy Energy says the pipeline leak it discovered late last week in north central Alberta has covered an area about three hectares in size with oil emulsion — about the size of five CFL fields.

The Calgary-based oil and gas producer says it still doesn't know the volume of the spill into marshland about 15 kilometres from Fox Creek. THE CANADIAN PRESS

Crash kills one, four injured

One person is dead and four others are injured after an overnight collision near Edmonton. RCMP say a car failed to stop for a flashing red light at a Sherwood Park intersection shortly before 5 a.m. One of three passengers in the car died at the scene while the other two were taken to hospital. The driver of the car is also in hospital. THE CANADIAN PRESS

Ukrainian dancers leap to new studio

CULTURE

Shumka looks to develop art form at brand new facility



Alex Boyd
Metro | Edmonton

Edmonton's Ukrainian Shumka Dancers, the only professional Ukrainian dance troupe outside of Ukraine, has a new, bigger downtown home.

The Shumka Dance Centre, located at 105 Avenue and 111 Street, represents a big move for the company, which has been based in the city for over 50 years and specializes in what they call Ukrainian-Canadian dance.

"It's so great just to be able to have access to all our props and costumes and they're not away in storage," said executive director Darka Tarnawsky. "It's just been a blessing to be here."

The new facility which opened Thursday has four dance studios, a wardrobe room, a boardroom and a kitchen, plus space they're renting out to other arts organizations.

Tarnawsky said it's an area that's "really up and coming" as an arts destination.

"There are lots of art galleries coming up, dance studios, cafes, that kind of thing. It's turning into a really neat area, nestled between the Brewery District and the Ice District."

Founded in 1959, Shumka is



Dancer Lida Petriw does some last-minute prep before dancing Thursday. ERIC HLOOKOFF/FOR METRO

Edmonton's oldest dance company and has toured productions across Canada and internationally. They're also well known in the city for staging Clara's Dream, a Ukrainian version of the Nutcracker, every Christmas.

Tarnawsky said Edmonton is probably the biggest centre for Ukrainian dance outside of Ukraine itself, as a result of

the city's significant Ukrainian population.

But she chalks their enduring popularity to the company's knack for mixing traditional Ukrainian dance with contemporary Canadian influences.

"We don't want to be a museum piece showing what the culture used to be like, we want to be relevant and change with the times and develop the art

form," she said.

Their dances are based in tradition, but also incorporate elements of classical and contemporary dance.

"That's one of the really special things about Canada is you can preserve your culture and develop it as a Canadian company, but still be very based in your roots and the whole country celebrates that."

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What's happening on the weekend



Kevin Maimann
Metro | Edmonton

FRIDAY

WHAT: Honey Harvest

This adults-only "urban bee-keeping networking event" is a rare opportunity for city-dwelling bee lovers. The evening will include a panel discussion on the challenges of urban bee-keeping in a cold climate, as well as roundtable talks about winterizing hives, disease and pest management, hive design and selection and planting pollinator gardens. Honey Harvest will also host a marketplace with honey samples and artisan products. Local mead and honey beer will be served, courtesy Sherbrooke Liquor.

WHEN: 7 to 10 p.m.

WHERE: John Janzen Nature Centre, 7000 143 St.

WHAT: Kemo Treats album release

Local satirical hip-hop duo Kemo Treats, consisting of the mysterious G-Wizard and Smoovie II Smoov — who grew up "amidst the harsh realities of middle-class suburbia" — promises a sonic beatdown of genre-bending beats with a sprinkle of auto-tune. Topics include time travel and eating chips in the hot tub. Warming the stage will be Didgin' for Rainbows, one of Edmonton's few didgeridoo-fronted bands.

WHEN: 8 p.m.

WHERE: The Needle Vinyl Tavern

SATURDAY

WHAT: City Haul

The snow has started to fall, and that means City Market Downtown is moving indoors under the glass pyramid. To celebrate winter market season, the first 200 shoppers through the doors will get \$5 in "market bucks."

WHEN: 9 a.m. to 3 p.m.

WHERE: City Hall, 1 Sir Winston Churchill Square

WHAT: Nest in the City

Vendors will take over a south-side recreation centre for a day with crafty home-made goods and a chance to make your own terrarium.

WHEN: 10 a.m. to 4 p.m.

WHERE: Meadows Community Recreation Centre, 2704 17 St.

ALL WEEKEND

WHAT: Fall Woman's Show

The weekend's guest speakers include TV personality Claire Martin, who will talk about overcoming a rare cancer diagnosis, and Kristen Traverse, who had to relearn basic communication skills after suffering a stroke at a young age. The woman's show will also offer wine, free massages, and shopping with lots of vendors.

WHERE: Edmonton Expo Centre Hall A, 7515 118 Ave.

WHEN: 9 a.m. to 5 p.m. Saturday, 11 a.m. to 5 p.m. Sunday.

IN BRIEF

Alberta union prepares for huge round of talks

Alberta's largest union is in no hurry to use its newly won right to strike to squeeze a big raise from the cash-strapped NDP government.

The Alberta Union of Provincial Employees

(AUPE) says up to 75,000 of its members will be in collective bargaining in 2017, including people who work directly for the government, Alberta Health Services and some other public sector organizations.

THE CANADIAN PRESS

It's Edmontonland at LitFest this year

MEDIA

Host of popular podcast will record one live as part of lineup

Lucy Haines

For Metro | Edmonton

"What's this clown doing at a literary festival?" laughs Jesse Brown, host of the popular CANADALAND podcast, about his own upcoming appearance at LitFest.

His podcast regularly reaches 30,000 listeners, and he'll be recording one live as part of the festival's Monday night lineup at Metro Cinema.

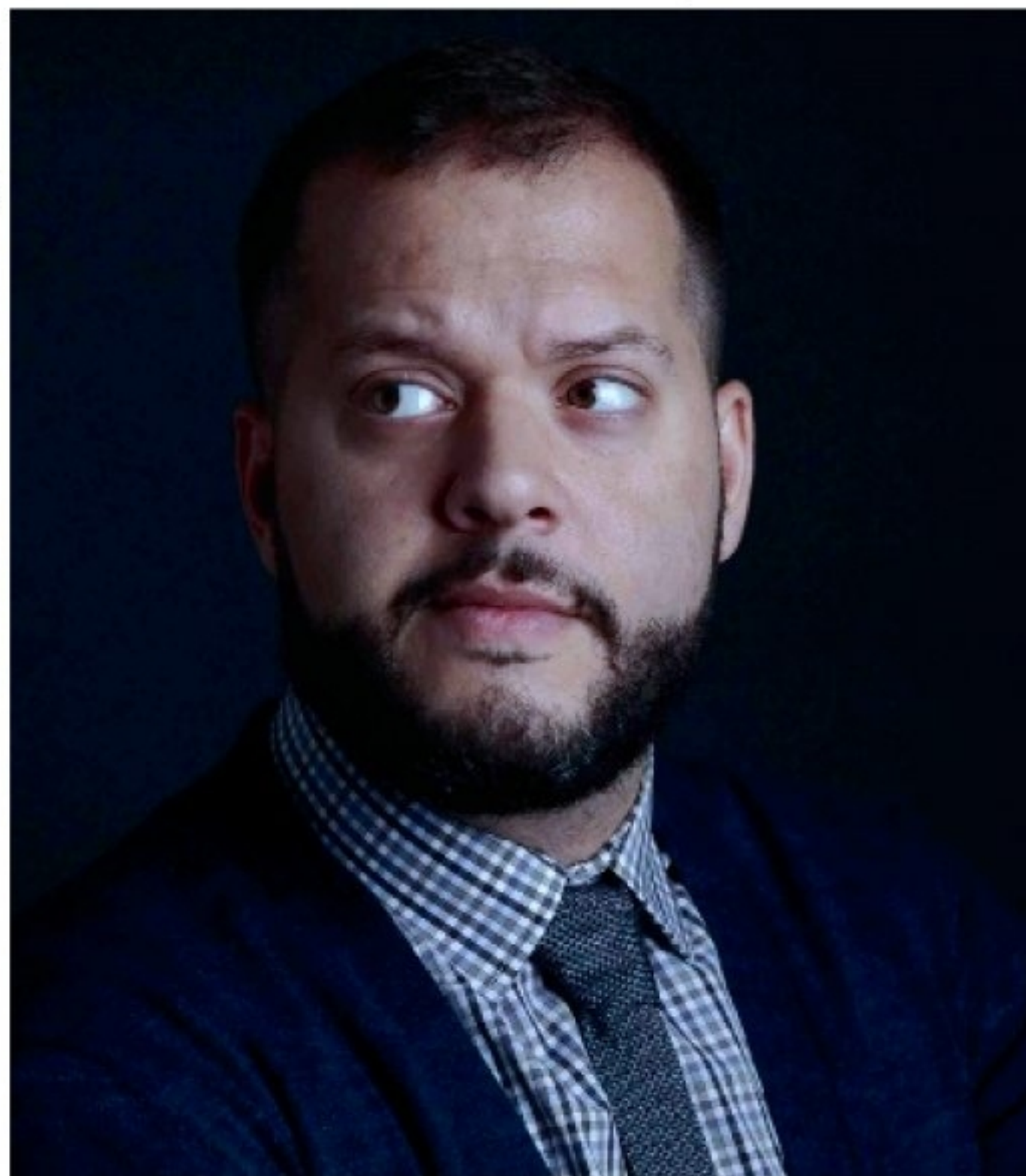
Metro caught up with Brown to chat about his upcoming visit.

Why do you think you're a good fit for LitFest?

It's a media criticism show, and we have a lot of listeners in Edmonton. It's important for me to go to different communities and see what issues matter there — to get out of the Toronto media bubble, once in a while. I hear something about a new arena in Edmonton, and parking, and cuts to the newspapers, so I'm sure we'll find plenty of stories to talk about.

But you've got exciting book news of your own, too.

We will announce our new book at LitFest—CANADALAND Live: Guide to Canada. It'll be out in spring as a response to all the other stuff that'll be happening for Canada's 150th birthday.



Canadaland host Jesse Brown says he likes to get out of the Toronto media bubble. CONTRIBUTED

What's your sense of the media landscape in Alberta?

There's a strong Alberta tradition of aggressive news media, so we'll put together

a panel to discuss how things are covered — what happened during the last election, for instance. We'll bring to a national audience what level of news coverage differ-

ent issues are receiving here. And then there's the audience questions—that's always the best part. I had hoped to tape it in the new arena, but maybe that's too much?

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'A complete human rights travesty'

CHINA

Political prisoner's family fighting for his freedom



David P. Ball
Metro | Vancouver

On a quiet, 15-acre farm in Port Coquitlam, B.C., 35 kilometres east of Vancouver, Wang Jin Huan looked out her window across the Pitt River.

Holding a framed family photo in her hands, the 73-year-old wiped her eyes with a crumpled tissue when asked about her younger brother, imprisoned in China's Shaoguan prison almost 10,000 km away.

"Every day, we think of how to get him out," Jin Huan told Metro in her home. "He didn't do any bad things. He just wanted China to be good and talked about human rights."

Wang Bingzhang, now 69, twice braved his country's ban on unauthorized political activities, publicly starting two pro-



Wang Jin Huan, 73, holds a family portrait. In the picture is her brother Wang Bingzhang, who is serving a life sentence in a Chinese prison. JENNIFER GAUTHIER/METRO

democracy opposition parties — under a regime notorious for its widespread use of torture, disappearances and mass executions, according to Amnesty International.

Despite Bingzhang being denied visitors for four years, one thing Jin Huan does know for certain: her brother spends much of his time thinking about his family, scattered across Canada but united in their crusade

to get the Canadian government to take up his case.

Jin Huan smiled proudly as she showed a photograph of Bingzhang's daughter in Montreal.

"She was born in 1989, after the Tiananmen Square (massacre)," Ji Huan said. "So her name is Ti-Anna, for Tiananman."

Ti-Anna has spearheaded the family's fight, maintaining a

website on his case and meeting with Canadian and U.S. officials.

She was 13 when her father disappeared in Vietnam, only to resurface in Chinese prison facing what human rights organizations allege were politically motivated charges of spying and terrorism.

Global Affairs Canada said his case "is of serious concern," though noting he's a Chinese not Canadian citizen. In an



Ti-Anna Wang has taken her father's case before the Canadian and U.S. governments hoping to spur his release. CONTRIBUTED

email, spokeswoman Kristine Racicot said Canada "has raised the case repeatedly with the Government of China," most recently during Prime Minister Justin Trudeau's Chinese visit last month.

The government also backed a recent United Nations call for China to "release immediately and without conditions all political prisoners," she added.

"Obviously, we want a bigger

commitment — for them to be more vocal," Ti-Anna said. "But this is huge progress compared to the previous government."

Amnesty International Canada's secretary-general told Metro that Bingzhang's case "is a complete human rights travesty."

"There's not a shred of evidence that gives any support to China's allegation," Alex Neve said in a phone interview. "Everything has been so unbelievably secretive about his case."

"Instead, we have a man who has been locked up cruelly, in harsh conditions of solitary confinement ... for 14 years."

He argued the human rights situation in China "remains dire, and if anything in recent years has deteriorated."

"Human rights organizations, human rights defenders and human rights lawyers are increasingly coming under siege," Neve said. "They're being arrested, a number have even disappeared in police custody ... It's a very worrying sign."

"It is increasingly clear that China is less and less concerned or interested in what the rest of the world thinks about human rights issues."

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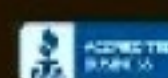
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Yemen: Nation at war



Tribesmen loyal to Houthi rebels hold their weapons on Oct. 2, as they chant slogans during a gathering to mobilize more fighters into battlefronts in Yemeni cities. THE ASSOCIATED PRESS FILE

CONFLICT

U.S. Navy says it has destroyed three Houthi radar sites

By firing cruise missiles into Yemen, the United States likely will be further entangled in a stalemate war in the Arab world's poorest country, a conflict it has sought to extract itself from in. But who exactly is fighting in Yemen and what does the U.S. have to do it with it?

1 THE BEGINNING

OF WAR Yemen, on the southern edge of the Arabian Peninsula, has been in the midst of a civil

war since September 2014. That's when Shiite rebels, known as Houthis, swept into the capital of Sanaa and overthrew the country's government. Houthi allies include forces loyal to Yemen's former President Ali Abdullah Saleh and have the backing of Shiite power Iran. In March 2015, a Saudi-led coalition of Arab countries began a military campaign against the Houthi forces, saying its mission served in part as a counterbalance to Iran's influence.

2 A STALLED OFFENSIVE

Since launching its campaign, the Saudi-led coalition retook the port city of Aden and lands in southern Yemen. However, Sanaa and the Houthi

heartland of northern Yemen remain held by the rebels. A ground offensive to retake the capital, which likely would involve street-by-street fighting and heavy casualties, appears unlikely. Instead, the Saudi-led campaign has relied on airstrikes. However, a UN report said coalition airstrikes were responsible for 60 percent of civilian deaths over a yearlong span starting in July 2015.

3 AN INCREASINGLY WARY U.S.

After the Sept. 11, 2001, terror attacks, the U.S. launched drone strikes against suspected al-Qaida militant targets in the country from a local military base and provided Yemen with hundreds

of millions of dollars in security assistance. American troops were evacuated from Yemen amid the latest Houthi push, but airstrikes targeting al-Qaida have continued. U.S. forces offered targeting guidance to the Saudi-led coalition and logistical assistance at the beginning of their campaign.

4 EXCHANGING MISSILE FIRE

The USS Mason, an American destroyer, has come under missile fire twice in recent days in the Red Sea from Houthi-held territory in Yemen, according to the U.S. Navy. In response, the Navy said it fired Tomahawk missiles at three radar sites held by the Houthis.

THE ASSOCIATED PRESS



Pope Francis on Thursday denounced the forced repatriation of children who flee wars and poverty. THE ASSOCIATED PRESS FILE

Pope takes up cause of migrant children

Pope Francis has denounced the forced repatriation of unaccompanied children migrants who flee wars and poverty, saying countries should try to meet their needs rather than return them to uncertain futures back home.

Francis took up the plight of child migrants in his annual message for the World Day of Migrants and Refugees on Thursday.

History's first Latin American pope didn't cite specific cases,

but the plight of unaccompanied Central American children crossing into Mexico en route to the U.S. has been a concern of Catholic bishops and Catholic grassroots organizations for years.

Mexico now depots more Central American migrants than the United States, a dramatic shift since the U.S. asked Mexico for help in 2014 after a spike in illegal migration, especially among unaccompanied minors.

THE ASSOCIATED PRESS

UNITED NATIONS

Guterres promises 'diplomacy for peace'

Antonio Guterres pledged Thursday to make the pursuit of peace in a conflict-torn world his "overarching priority" after being elected the next secretary-general of the United Nations. The former UN refugee chief told the members of the UN General Assembly that he will be promoting a new "diplomacy for peace" advocating dialogue.



Antonio Guterres AP

SYRIA

65 dead in Aleppo over three days: Activists

Overnight shelling and over a dozen airstrikes on rebel-held parts of the Syrian city of Aleppo killed at least 11 people, bringing the death toll over the last three days in the embattled city to at least 65, activists said Thursday.

Meanwhile, rebel shelling of government-held areas in the divided city killed two girls at a school. The airstrikes came a day after an air raid hit eastern

Aleppo's biggest market, killing at least 15 people and levelling buildings.

Aleppo's unabating violence has given additional urgency to the upcoming meeting between Russian Foreign Minister Sergey Lavrov and U.S. Secretary of State John Kerry on efforts to find a peace deal in Syria in Switzerland on Saturday.

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19



Sacks of rice are loaded onto a truck after being delivered by a U.S. military helicopter, in the mountain village of Beaumont, near Jeremie, Haiti, on Thursday. THE ASSOCIATED PRESS

Hurricane relief enters new phase

NATURAL DISASTER

Food, clean water begin to reach isolated communities

An international relief effort for victims of Hurricane Matthew entered a more advanced stage Thursday as a second U.S. military ship arrived off Haiti's coast and UN convoys and non-government organizations began reaching more isolated communities.

Food, clean water and construction materials have begun pouring into the southwestern peninsula, though many people there still say they've seen little

or no aid.

Those working to send everything from water purification systems to building materials say the scope of the damage from Matthew and the difficulty reaching people create logistical challenges similar to those faced after the devastating earthquake that struck the crowded capital and surrounding areas in January 2010.

The Haitian government says more than 1.4 million people urgently need humanitarian assistance. The official death toll is 473, though local officials have reported figures suggesting it will eventually be higher, and the homes of more than 120,000 families were damaged or destroyed. Many people across the ruggedly scenic peninsula have

watched passing aid trucks in growing frustration.

"I'm looking at my life and I don't know what to do. It seems like somebody is getting help but it is not us," said Watson Hypolite, a 66-year-old in the badly-hit Grande Anse district of Beaumont.

Teams from the Haitian Red Cross and Civil Protection agency have fanned out across the peninsula and large convoys from the UN and the migration agency are seen more throughout the disaster zone. On Wednesday, the U.S. military made 13 helicopter flights to hard-to-reach areas with 159 metric tons of food supplies, the U.S. Agency for International Development said.

THE ASSOCIATED PRESS

BERMUDA

Storm pummels resort island

Hurricane Nicole roared across Bermuda on Thursday, pummeling the resort island with winds up to 115 mph that snapped trees and peeled off roofs before the storm spun away into open water.

The Category 3 system also flooded homes, damaged boats

that broke away from their moorings and knocked out power to more than 27,000 customers who live in the British territory.

By late Thursday afternoon, crews were clearing roads, and many islanders were posting pictures of calmer seas.

"Nicole is now racing away,"

said James Dodgson, deputy director at the Bermuda Weather Service. Cleanup efforts were expected to continue until early Friday, and the island's airport planned to reopen by then. Schools would remain closed until Monday.

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Business metro NEWS

IN BRIEF

Border beer battle brews

A New Brunswick judge has reserved decision on whether a cross-border beer battle can be appealed directly to the province's highest court.

Government lawyers are seeking leave to appeal the April ruling that threw out limits on alcohol imports.

THE CANADIAN PRESS

Impact of new mortgage rules 'impossible to say'

Finance Minister Bill Morneau says it's "impossible to say with absolute clarity" what the impacts of new mortgage rules introduced by Ottawa

earlier this month will be.

"What we expect will happen is that as people look towards taking on a mortgage, they will do what most people are already doing and ensure that they take on a mortgage that's appropriate for their situation," Morneau told reporters in Toronto Thursday.

"And if it contributes to them looking more carefully at whether the mortgage is the right size for them ... that'll be a positive for their family and a positive for the economy," THE CANADIAN PRESS

Robo-advisers appeal to younger investors

PERSONAL FINANCE

Digital service ideal for a specific savings goal: Expert

Like a lot of young people who want to start saving for the future, Rachel Jackson is interested in using a robo-adviser — even if she's not entirely sure how such digital investment services work.

For the 27-year-old office administrator, robo-advisers sound appealing because they're advertised as offering professionally managed portfolio advice at a relatively low cost. Equally enticing to her tech-savvy leanings is the fact that accounts can be conveniently set up through her smartphone within minutes.

Still, Jackson has some concerns — namely, how robo-advisers actually stack up against conventional full-service advisers using mutual funds, and how much

money she'll need to get an account started.

Jason Heath, a fee-only financial planner with Objective Financial Partners, says robo-advisers are a great choice for young investors who only require portfolio management for a specific savings goal and don't need to get into the more personal aspects of wealth management such as taxes and retirement or estate planning.

If you need ongoing planning, I think the robo-adviser model can be an excellent complement to a fee-only financial planner. They can give you lots of great advice but they can't manage your portfolio.

Dan Bortolotti, PWL Capital investment adviser.



To set up an account, robo-advisers ask a series of on-line questions to determine one's savings goal and risk tolerance before creating a diversified portfolio using an appropriate mix of low-cost equity and bond exchange-traded funds (ETFs).

"The management fee the robo-advisers charge tends to be around the half per cent range," says Heath.

Robo-advisers are also ideal for people who are attracted to ETF investing but don't feel comfortable using a discount brokerage on their own, says Dan Bortolotti, an investment adviser with PWL Capital.

As for how much invest-

ment money you need to open a robo-adviser account, some services such as Wealthsimple have no account minimums and charge no portfolio management fees on the first \$5,000 invested.

"Think about someone who is 18 years old and just going to university, or starting out their first job at 20 years old, and maybe they're saving some money in cash for a car down payment or a house down payment and they've got this little TFSA or RRSP with free investment management," says Heath. "That's pretty awesome."

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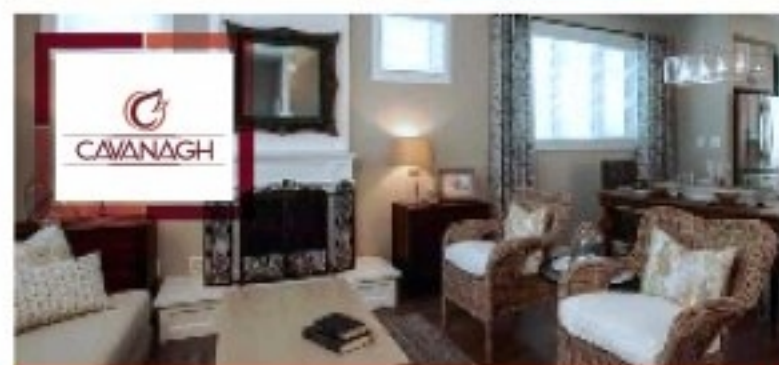
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DECODED by Genna Buck and Andrés Plana

WHY ARE THE LEAVES CHANGING LATE?

Do boring fall bike rides have you feeling green with envy over parts of Canada where brilliant colours have begun? Every autumn, shortening days set off a series of genetic changes in trees. A build-up of cells at the base of leaves cuts off the flow of nutrients: That's part of it. But many other factors determine when and how the leaves change. **York University plant biologist Dawn Bazely explains.**

FALL COLOURS 101

Deciduous trees (which lose their leaves in fall), make several different types of pigments. **Carotenoids** produce yellow and orange hues, while **anthocyanins** are reddish and sometimes blue. Green leaves get their colour from **chlorophyll**, which plants use to capture the sun's energy and turn it into sugars (a.k.a. plant food), in a process called **photosynthesis**. All these pigments assist and support photosynthesis, Bazely said, and they're all present in the summer. We just don't see them, because they're crowded out by the plentiful, green chlorophyll.

DAYTIME SUN
Bright sunlight causes chlorophyll to decompose, Bazely explained. But sunlight also triggers the production of red **anthocyanins**, which help protect the leaves from sun damage. So a sunny autumn causes more red, and a cloudy one more yellow.

DAY LENGTH
The decrease in the **photoperiod** (the length of the day) tells leaves when it's time to change. Short days signal bright green, chlorophyll-containing structures called **chloroplasts** to turn into **gerontoplasts** — geriatric chloroplasts that don't do photosynthesis anymore.

COLD NIGHTS
"Chlorophyll requires sunlight and warm temperatures," Bazely said. "During summer chlorophyll is constantly breaking down and being remade, but cold causes chlorophyll production to stop. If there's **carotene** in there, the leaf will turn bright yellow." If nights are warm, as in Ontario, leaves stay green longer.

DROUGHT
Trees tend to get by OK even in severely dry weather, thanks to deep roots, Bazely said. But under extreme **drought stress**, they might drop their leaves early.

FINDINGS Your week in science



ISTOCK

BIRD FLU GOES VIRAL

A team including scientists from Guelph, Ont. has discovered the 2014-2015 global outbreak of H5N8 influenza was spread in part by migrating wild birds carrying the virus from poultry farms in South Korea.

MARS MADNESS

President Obama wants astronauts on the red planet by the 2030s, but the trip could end in tragedy. A study of radiation in rats suggests mars-tronauts could develop chronic dementia from exposure to space.

SOUND SMART



DEFINITION

Senescence is the process of aging in cells. It happens when cells stop dividing, change their function, but haven't died (yet). **Cellular senescence** is what's going on in your cells while you're undergoing **organismal senescence** (a.k.a., getting old).

USE IT IN A SENTENCE

Leaves changing colour in the fall is also called **autumn senescence**, because the cells stop growing and stop producing chlorophyll.

PHILOSOPHER CAT by Jason Logan



ALL OF US TEND EASILY TO BE CAUGHT IN THE POINT OF VIEW OF OUR AGE.

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CITIZEN SCIENTIST by Genna Buck

In defence of weird science

I'm not answering a question this week. Instead: A story.

On Wednesday, I had the opportunity to speak to Science Minister Kirsty Duncan on the phone. She was very nice, but had only a few minutes, sounded slightly out of breath, and, I presume, had a battalion of PR staff breathing down her neck and feeding her talking points. Being a politician seems like it sucks.

Here's something we were able to talk about, briefly: The disproportionate science funding (not just in Canada) that goes to

"applications" and "innovation." It's about deploying money strategically in times of scarcity, and having something to show for it.

It seems reasonable and prudent. It's taxpayer money, after all. And I'm not knocking practicality.

Except fundamental science is often the opposite of practical, especially at first. And that makes it a hard sell. It means letting scientists judged to be brilliant by their peers just go off and do their own thing for a while, with as few strings as possible. And having faith that at least some of

the time, they're going to come back with something great.

I'm reminded of the legendary Canadian biologist Tony Pawson, who was nominated for a Nobel year after year for his work on cell signalling, but never won. I didn't get to meet him before he passed away in 2013, but friends and colleagues said he got little public recognition because his work was so new and so technically complex that most people didn't get why it was so revolutionary.

Yet much of modern cell biology rests on what he found. And

his work led to the development of an important leukemia drug.

Three of the new Canada Excellence Research Chair positions Minister Duncan announced this week are for open areas of inquiry "that will benefit Canadians." I wonder if, to unlock the potential of this investment, she might consider striking off that last criteria. It could be the key to creating the next big Canadian science success story.

Science Question?
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This weekend Ben Affleck plays an accountant with autism and a violent side in *The Accountant*, which also stars Anna Kendrick. CONTRIBUTED

Crooks with pocket protectors

THE ACCOUNTANT

This dull profession still gets its time in the limelight

Richard Crouse
For Metro Canada



Ben Affleck plays the title role in the thriller *The Accountant*.

"Like, a CPA accountant?" asks a Treasury Department worker. "Not quite," replies agent Ray King (J. K. Simmons) in what might be the understatement of the year.

Affleck is a pocket-protector-

wearing forensic accountant who "risks his life cooking the books for some of the scariest people on the planet: drug cartels, arms brokers, money launderers, assassins." A math genius with autism and a violent side, he survives his dangerous world through dual facilities for arithmetic and mayhem. "He's a very distinct and unusual character," Affleck told *Entertainment Weekly*. "A little bit different than your average, everyday person in the way he processes information and social thinking, and the way he sees numbers and logic, and that he's trapped a little bit in his own mind."

Affleck joins a long list of actors who have looked for loopholes, legal, financial and otherwise, on the big screen.

MOVIE RATINGS by Richard Crouse

The Accountant ★★★★★
American Honey ★★
Christine ★★★
Unless ★★★

HOW RATING WORKS
★★★★★ SEE IT
★★★★ WORTHWHILE
★★★ UP TO YOU
★★ SKIP IT

The late, great Gene Wilder became a star playing bookkeeper Leo Bloom in *The Producers*. "I spend my life counting other people's money. People I'm smarter than." Bloom comes up with the get-rich-quick scheme to mount a terrible Broadway musical and make off with the investor's cash when the show flops. His plan falls apart when Springtime for Hitler becomes a hit but his business partner still

has good things to say. "You're an accountant," raves Max Bialystock. "You're in a noble profession! The word 'count' is part of your title!"

Rick Moranis played Louis Tully, an accountant possessed by an ancient spirit in *Ghostbusters*. Before he goes all supernatural Louis throws a bash to celebrate his fourth anniversary as an auditor at his swanky Central Park West apartment. "I'm givin' this

whole thing as a promotional expense," he says, "that's why I invited clients instead of friends." The scene was shot in one continuous take with Moranis making his way through the party, improvising perfectly nerdy dialogue — "This is real smoked salmon from Nova Scotia, Canada, \$24.95 a pound! It only cost me \$14.12 after tax, though."

In *The Untouchables*, Charles Martin Smith plays Oscar Wallace, the bespectacled book balancer who puts together the tax evasion case against notorious mobster Al Capone. The character was largely based on Frank Wilson, the IRS Criminal Investigator who spent years keeping tabs on Capone's financial dealings before laying charges. A self-penned article on his exploits,

He Trapped Capone, inspired the 1949 Glenn Ford film *The Undercover Man*.

Cher initially turned down the Oscar-winning role of Loretta Castorini, the widowed accountant in *Moonstruck* who falls for a one-handed baker. Though exhausted from one of the busiest years of her career, she ultimately took the part. When *Moonstruck* was done she took a week off before shooting the courtroom drama *Suspect*.

Bloom, Tully, Wallace and Castorini are reel life bookkeepers, but in real life several actors almost chose figures over fame. Bob Newhart worked the ledger books for United States Gypsum and Eddie Izzard studied accountancy at the University of Sheffield.

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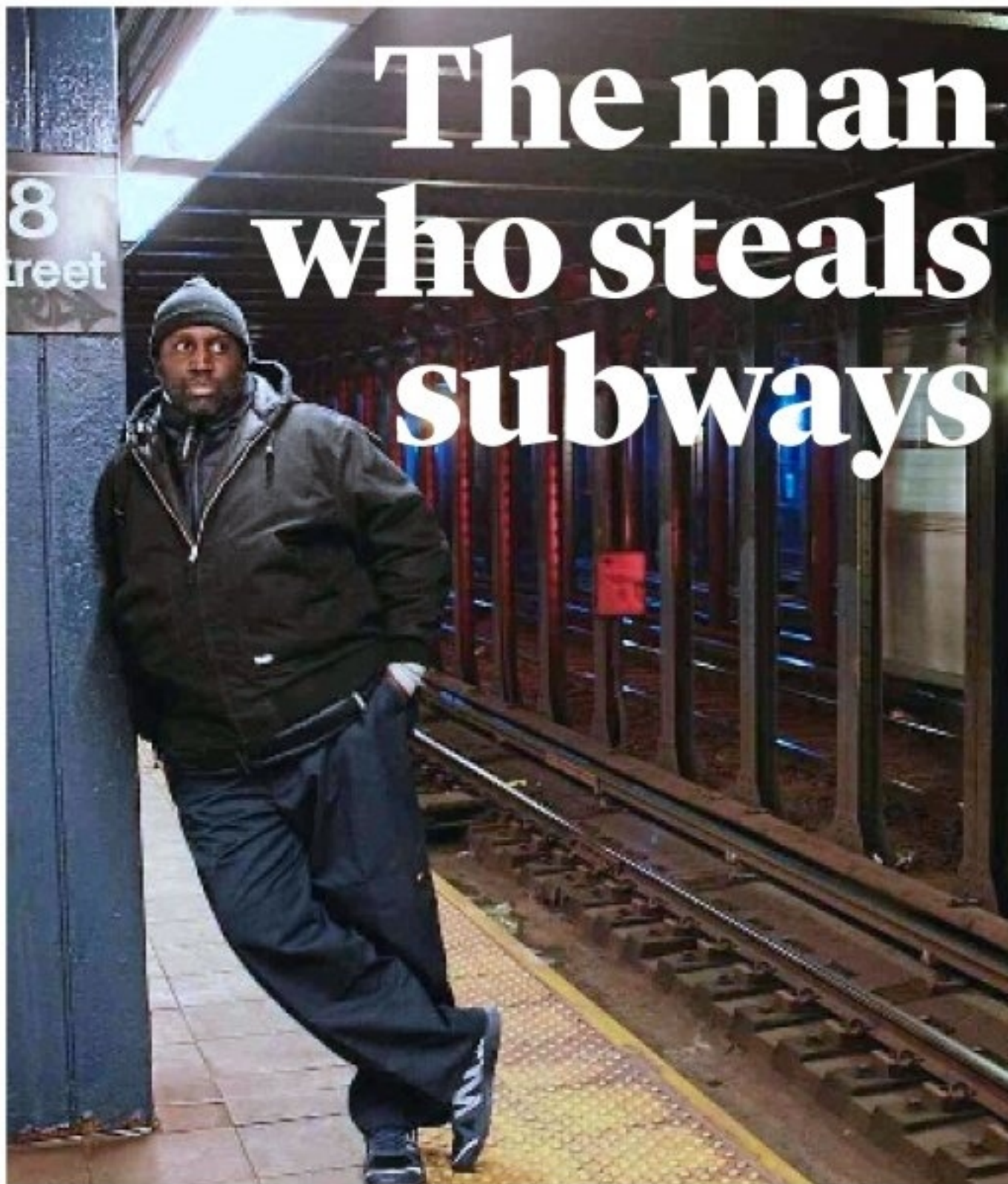
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The man who steals subways

Darius McCollum has stolen buses and trains in a simple desire to drive them safely from one destination to the next. McCollum has a form of Asperger's syndrome that produces highly skilled and extremely narrow interests in those affected. CONTRIBUTED

OFF THE RAILS

A lifelong obsession with transit has serious effects

Steve Gow
For Metro Canada



You may think you love the subway as much as the next person, but you haven't met Darius McCollum yet.

The 51-year-old New Yorker was so enamored with city transit, he developed a lifelong obsession that led to stealing buses and trains in the simple desire to safely drive them to their appropriate destination.

"I love stories about imposters," admitted filmmaker Adam Irving, who captures McCollum's incredible passion for stealthily stealing transit in the acclaimed documentary *Off The Rails*.

"I'm very impressed and intrigued by people who can go their whole lives pretending to be someone else."

But as the film points out, the root of McCollum's obsession also has a dark side.

Afflicted by Asperger's syndrome, McCollum's motives originate from a form of autism that produces highly skilled (but narrow) interests in those affected.

"He had this amazing memory," recalled Irving, admitting McCollum was so familiar with the New York subway system, he could name all 469 stations.

That childlike enthusiasm may have made him "less like a criminal" to Irving, but it hasn't stopped Manhattan's most reliable bus-jacker from having to pay a price for his actions.

In fact, his harmless preoccupation with pilfering public transportation led McCollum to spending nearly half his life in jail — surely a sort of crime in itself.

"It's not just about Darius, it's about this flawed system that needs to be fixed," insisted Irving.

"This is a real tragedy of a man with a passion who could have led a very fulfilling life (but) he just fell through the cracks and had his whole life screwed and we need to do something about it."

While Irving hopes the film reveals the justice system's shortcomings in dealing with sufferers of mental health, the shocking truth is, Darius McCollum actually has no regrets about spending time in prison.

"Because of his Asperger's, Darius thrives on the routine," said Irving. "He feels very calm because he knows what's going to happen. Ironically, the only place where he's not at ease is as a free man trying to make it in the world — that's where he panics, steals a bus, gets arrested and goes back to jail where everything's OK."

“

All those times when I was on the train thinking everything was fine, there was an imposter driving

Filmmaker Adam Irving



Chong gets a buzz from legalizing pot

ACTIVISM

Comedian hopes U.S. will follow example set by Canada

Comedian, musician and pot activist Tommy Chong says he intends to keep "priming the pump" until marijuana is legalized across the United States and in Canada.

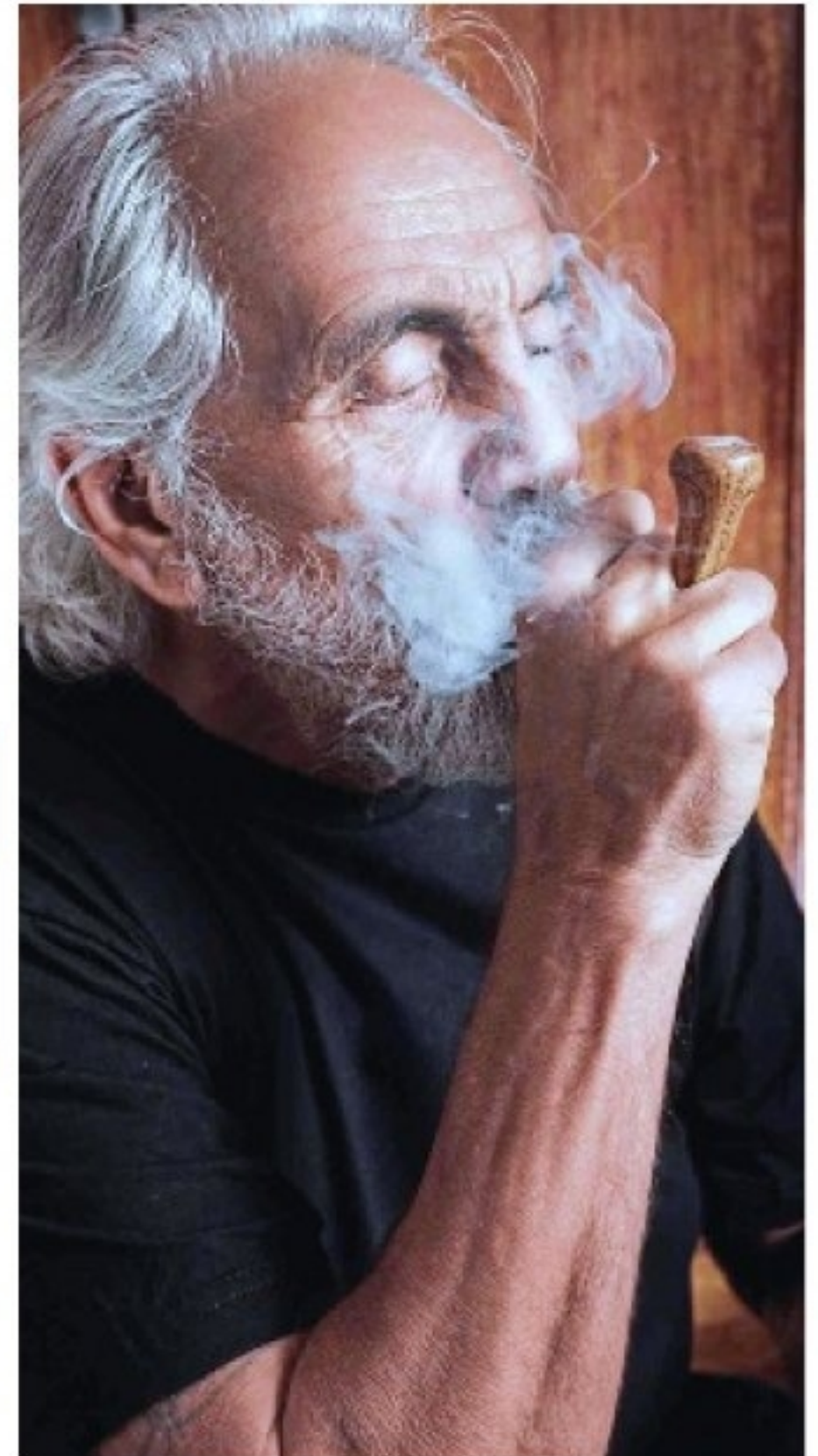
He says the introduction of legislation promised for next spring to legalize recreational marijuana in Canada could set an example for the United States, where a state-by-state approach isn't ideal.

Chong, who is scheduled to appear tomorrow at the International Cannabis Business Conference in Vancouver, says he hopes the next

American president will legalize pot throughout the U.S. so every state can benefit economically from taxing the drug.

He credits marijuana for healing him of prostate and colorectal cancers and says only the big pharmaceutical companies could lose when it comes to the medicinal benefits of cannabis.

The 78-year-old Edmonton-born musician who became famous in the 1970s for his "stoner" comedy *Up In Smoke* with Cheech Marin says he first tried pot at age 17 at a Calgary jazz club where a bass



Comedian, musician and pot activist Tommy Chong says he intends to keep "priming the pump" until marijuana is legalized across the U.S. and in Canada. COURTESY NEIL VISEL/THE CANADIAN PRESS

player gave him a joint.

Chong says he doesn't see any downside to smoking pot except potheads have poor

memories and that anyone who takes up too much might sleep for four or five days.

THE CANADIAN PRESS

CAMPAIGN

Wonder Woman to star in new UN role

The United Nations will name the comic book character Wonder Woman as its new Honorary Ambassador for the Empowerment of Women and Girls.

The UN said in a statement Wednesday that Wonder Woman will be formally designated for the position at a ceremony on Oct. 21 at its New York headquarters.

DC Entertainment President Diane Nelson will accept the

designation on behalf of the comic book, TV and film character.

The ceremony will also launch a campaign supporting gender equality and women's empowerment, one of the UN's global goals.

The event is sponsored by Warner Bros and DC Entertainment, who are partnering with the UN and UNICEF for a year-long campaign.

THE ASSOCIATED PRESS



Wonder Woman DC ENTERTAINMENT/THE ASSOCIATED PRESS

Role of vagabond comes naturally



Rookie actress Sasha Lane plays an 18-year-old from a troubled home, in *American Honey*. HANDOUT

AMERICAN HONEY

Sasha Lane talks about her accidental acting break

Richard Crouse
For Metro Canada



These days Sasha Lane is waiting for her next big film role, but not so long ago the 21-year-old *American Honey* star was waiting tables at a Mexican restaurant in Texas.

After a talent scout told her, "You have a face for movies," she left the eatery to embark on what she calls "the biggest blessing of my life."

With acting on her mind she answered an ad looking for people who were "wild, physical, fearless and ready for adventure. No acting experience required."

Her natural charisma impressed British director Andrea Arnold, who cast her in the lead role of a two-hour-and-40-minute faux cinema vérité road movie that sees her play Star, an 18-year-old from a troubled home.

Her character's ticket out of the dysfunction she has grown up with is a travelling band of magazine sellers led by the charismatic Jake (Shia LaBeouf) and Krystal (Riley Keough).

For two months, Lane hit the highway, travelling the dusty back roads of the American Midwest shooting a movie

that was part scripted, part improvisation.

"We got sides the day before and the day of," Lane says.

"The scenes between Krystal and me were more scripted. This is the word, these are the lines. Some of the scenes where I'm in the van with the kids were more like, 'I need you to mention that. Get from point 'a' to point 'b.' Go with it. Fill it out a little bit."

It was a process of discovery for the first-time actress as she learned about her character as the shoot wove its way across country.

"I didn't know much about my character or much about what was happening," Lane says, "but Andrea would say to me stuff like, 'Sasha, you're representing all the girls who go through this.'"

"I was thinking, 'don't be scared. You get to do this and in a way it's what you've always wanted to do.' I was studying psychology and social work in college. This is an artistic way to do what I wanted to do."

"I was excited and very much nervous because I had never done it before and people were going to be watching it. I knew it was a movie but it didn't really hit me until I saw

the trailer."

Life on the shoot was all encompassing — "You're in this bubble," she says. "I didn't have outside thoughts." — but not always exciting. "There was a lot of sitting in parking lots," she laughs.

Nonetheless she threw herself at the role.

"I remember when there were times I would go to Andrea and be like, 'I can't f—ing tell what the difference is between my life in this movie and my real life.' It was insane."

All the work paid off: "A Star is born," raved *The Guardian* — and she's now weighing multiple offers.

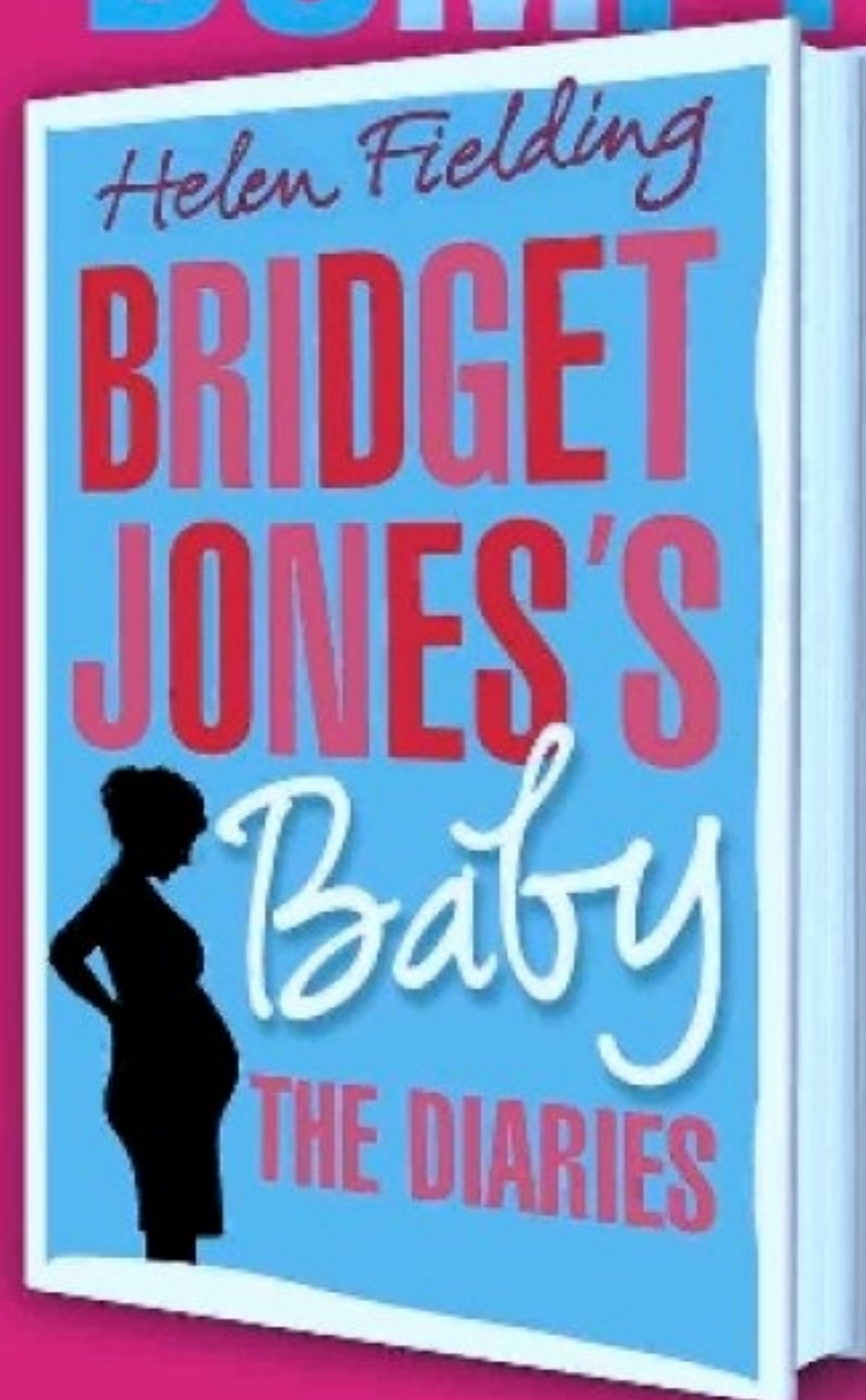
Rumours suggest she'll either star in *Hunting Lila*, based on the popular YA books by Sarah Alderson or *Shoplifters of the World*, a true-life drama about the night The Smiths announced they were calling it quits.

Wherever Lane lands it's certain the shoot will be much different from the singular *American Honey* shoot.

"I just did a short," she told me in September, "and I was like, 'Oh, I get to go back home?' Nothing is like this experience."

"I remember when there were times I would go to Andrea (the director) and be like 'I can't tell what the difference is between my life in this movie and my real life' Sasha Lane

SHE'S BACK WITH A BUMP!



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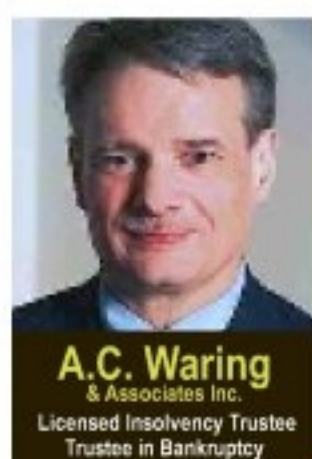
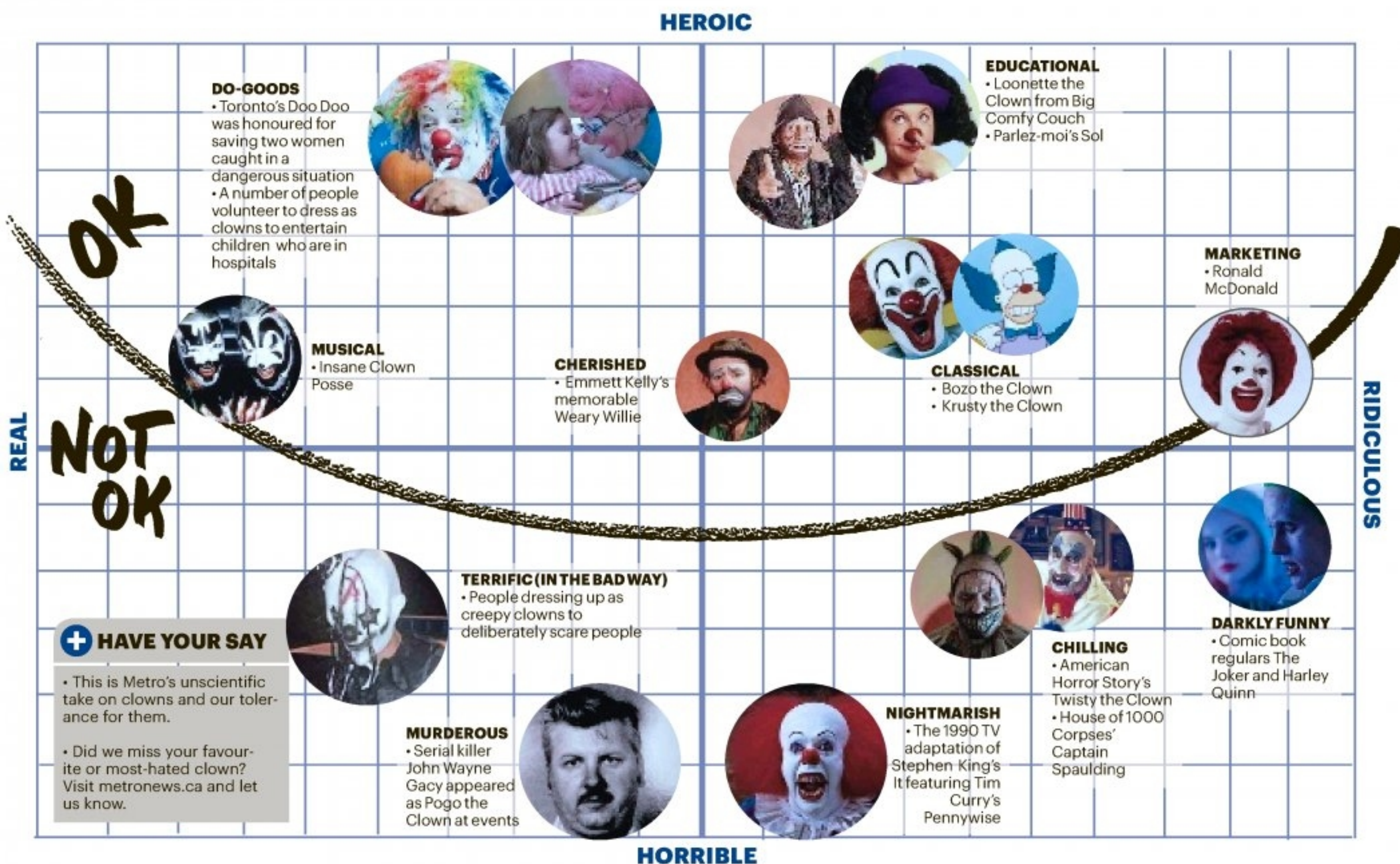


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With their exaggerated smiles, noses and eyes, clowns hit the funny bone for some while triggering feelings of fear in others. Recent internet posts and out-of-the-circus clown sightings have sent schools into lockdowns, menaced neighbourhoods and placed those making their costumed-living entertaining others on the defensive. So — assuming recent clown sightings aren't a marketing ploy for the reboot of **Stephen King's It in Sept. 2017** — where does the tipping point exist between humour and horror? Metro decided to chart some famous and infamous, real and unreal, clowns to see where the line is drawn between promoter of joy and provocateur of terror. Send in the clowns. **METRO CANADA**



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Blue Jay an offbeat depiction of romance

NETFLIX

Low budget project takes creative risks to charm viewers

Writer and actor Mark Duplass had *The People v. O.J.* Simpson star Sarah Paulson on his mind for his whimsical drama *Blue Jay*, about two former high school sweethearts who are serendipitously reunited decades after graduation.

"I was really struck by how wonderfully silly, goofy and sweet she is as a person," Duplass said of the Emmy-winning actress, who he knew through friends.

"You watch her ... play Marcia Clark and you don't have that sense of what a loving, normal girl she is."

The unconventional black-and-white film, which is now available to rent on iTunes before hitting Netflix later in the year, focuses solely on the two lead characters. It's the kind of offbeat project Duplass lives for.

deal with Netflix that hinges on an attractive proposition: the streaming giant hands over money for a low-budget project, but then gives Duplass the creative freedom to make his vision without any tinkering from executives.

Blue Jay is the first film of the batch. It's firmly entrenched in the spirit of 1990s indie filmmaking, a time when maverick directors gathered money from family and friends to fund their stories.

"We would have these hour-long creative sessions where we'd talk about how to flesh out the storylines," Duplass said.

At the table, they'd discuss their own personal challenges before "thinly veiling some of those things so they weren't directly stolen."

Duplass would then write pages for the next day's shoot, giving himself and Paulson almost no time to memorize the scenes.

"It's by design so that when the lightning strikes while you're shooting, you can capture it," he said.



We spent (time making) sure the movie plays nice, slow and organically, but also rewards the person for sticking around.

Mark Duplass

Despite starring in the HBO series *Togetherness* and having a recurring role on *The Mindy Project*, Duplass has spent most of his career as writer, director and actor in independent films like *Cyrus*, *Jeff, Who Lives at Home* and *Creep*.

His company Duplass Brothers Productions, which he owns with sibling Jay, recently signed a four-picture

In the current Hollywood climate dominated by superheroes and blockbuster titles, *Blue Jay* is an anomaly in nearly every respect.

Small projects like this usually don't get made without major international star power.

Duplass is hopeful viewers will discover and appreciate the film's charm.

"We were questioning ... can we just play a two-character chamber piece in black and white and still be entertaining and relevant," he said.

"We spent (time making) sure the movie plays nice, slow and organically, but also rewards the person for sticking around."

THE CANADIAN PRESS



Actors Sarah Paulson and Mark Duplass are shown in a scene from the film *Blue Jay*, about former high school sweethearts who are serendipitously reunited decades after graduation. THE CANADIAN PRESS/HANDOUT, TIFF



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THE PROCESS

The entire film was shot in seven days from a 20-page outline drafted by the stars, director Alex Lehmann and three producers.

Not everyone is happy for Dylan

REACTION

Singer first musician to take home major award

Singer-songwriter Bob Dylan won the 2016 Nobel Prize in literature on Thursday, a stunning announcement that for the first time bestowed the prestigious award on a musician for "having created new poetic expressions within the great American song tradition."

Reporters and others who gathered at the Swedish Academy's headquarters in Stockholm's Old Town reacted with a loud cheer as his name was read out.

Dylan, 75, is the most iconic poet-musician of his generation. Songs such as *Blowin' in the Wind* and *The Times They Are A-Changin'* became anthems for the U.S. anti-war and civil rights movements of the 1960s. He is the first American winner of the Nobel literature prize since Toni Morrison in 1993.

Dylan's impact on popular culture was immense and his influence as a lyricist extends to every major music figure and songwriter of the last 50 years, from the Beatles to Bruce Springsteen, Bono, Ed Sheeran and beyond.

Generally described as a rock musician, Dylan has been influenced by numerous musical styles, including country, gospel, blues, folk, pop, and rhythm and blues. He pursued them all, sometimes separately and other times simultaneously, establishing a towering influence.

But although he had been mentioned in Nobel speculation for years, many experts had ruled him out, thinking the academy wouldn't extend its more than a century-old award to the world of music.

They were wrong. The academy's permanent secretary, Sara

Danius, said while Dylan performs his poetry in the form of songs, that's no different from the ancient Greeks, whose works were often performed to music.

"Bob Dylan writes poetry for the ear," she said. "But it's perfectly fine to read his works as poetry."

Danius said that a "great majority" on the 18-member Nobel panel voted for Dylan. She said her personal favourites among

Dylan's songs include *Chimes of Freedom* and *Visions of Johanna*, and suggested that people unfamiliar with Dylan's music start by listening to his 1966 album *Blonde on Blonde*.

Writers, musicians and even heads of state commented on the Nobel academy's choice on Twitter. British author Salman Rushdie, whose name is often mentioned in the Nobel Literature Prize speculation, called



Bob Dylan's music has influenced everyone from The Beatles to Bruce Springsteen and Bono.

THE ASSOCIATED PRESS FILE

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Reese Witherspoon's upcoming, untitled book will be based on her upbringing in Tennessee. LIZ BEDDALL/FOR METRO

PUBLISHING

Witherspoon to pen lifestyle book

Already known for recommending books on her Instagram, Reese Witherspoon is ready to write one herself.

The Oscar-winning actress has a deal with Touchstone for a lifestyle book based on her upbringing in Tennessee. The book is currently untitled and scheduled to come out in 2018.

In a statement, Witherspoon said the book was a "unique opportunity" to tell funny stories and provide hints on her idea of "Southern living." According to the publisher, the book will feature personal essays and tell how women can draw upon the South's "signature style, grace and charm." THE ASSOCIATED PRESS

GOSSIP BRIEF

Coolio charged after gun found in bag at LAX

Authorities say rapper Coolio has been charged with a felony after a gun was found in a backpack at Los Angeles International Airport.

Coolio, whose real name is Artis Leon Ivey Jr., was charged Thursday with one felony count of possession of a firearm by a felon.

The Los Angeles County

District Attorney's Office says Coolio has two prior convictions in 2001 and 2009 for carrying a concealed weapon in a vehicle and drug possession.

Prosecutors say a handgun was found in Coolio's carry-on during security screening at LAX in September.

If convicted, Coolio faces a maximum of three years in state prison. THE ASSOCIATED PRESS

STREAMING

Chris Rock to film stand-up for Netflix

Chris Rock is returning to stand-up on Netflix.

The streaming service says the comedian is filming two stand-up specials after an eight-year absence.

The first show will tape in 2017, following a new world tour.

Rock says in a statement that he "can't wait to get back on stage."

The star of such films as Top Five and Grown Ups is joining a growing roster of

stand-up comedians who have filmed stand-up specials for Netflix.

They include John Mulaney, Patton Oswalt, Cedric the Entertainer, Iliza Shlesinger and Ali Wong.

Rock recently hosted the 88th annual Academy Awards and directed the HBO comedy special Amy Schumer: Live at the Apollo.

He also guest starred on Fox's Empire.

THE ASSOCIATED PRESS



Chris Rock. THE ASSOCIATED PRESS

Jenner testifies at stalker trial

COURTS

Model claims she has 'never been so scared in my life'

Kendall Jenner testified Thursday at the trial of a man accused of stalking her that she was terrified when he followed her up the driveway of her Hollywood Hills home and repeatedly knocked on the window of her car.

The 20-year-old model and reality TV star used her hands to illustrate how she made frantic phone calls to friends after locking the doors and watching Shavaughn McKenzie until help arrived.

"I've never been so scared in my life," Jenner told the Los Angeles jury hearing the case against McKenzie.

Jenner also said she recognized

McKenzie as the same person who had accosted her twice while she was driving outside a condo she owned in Westwood.

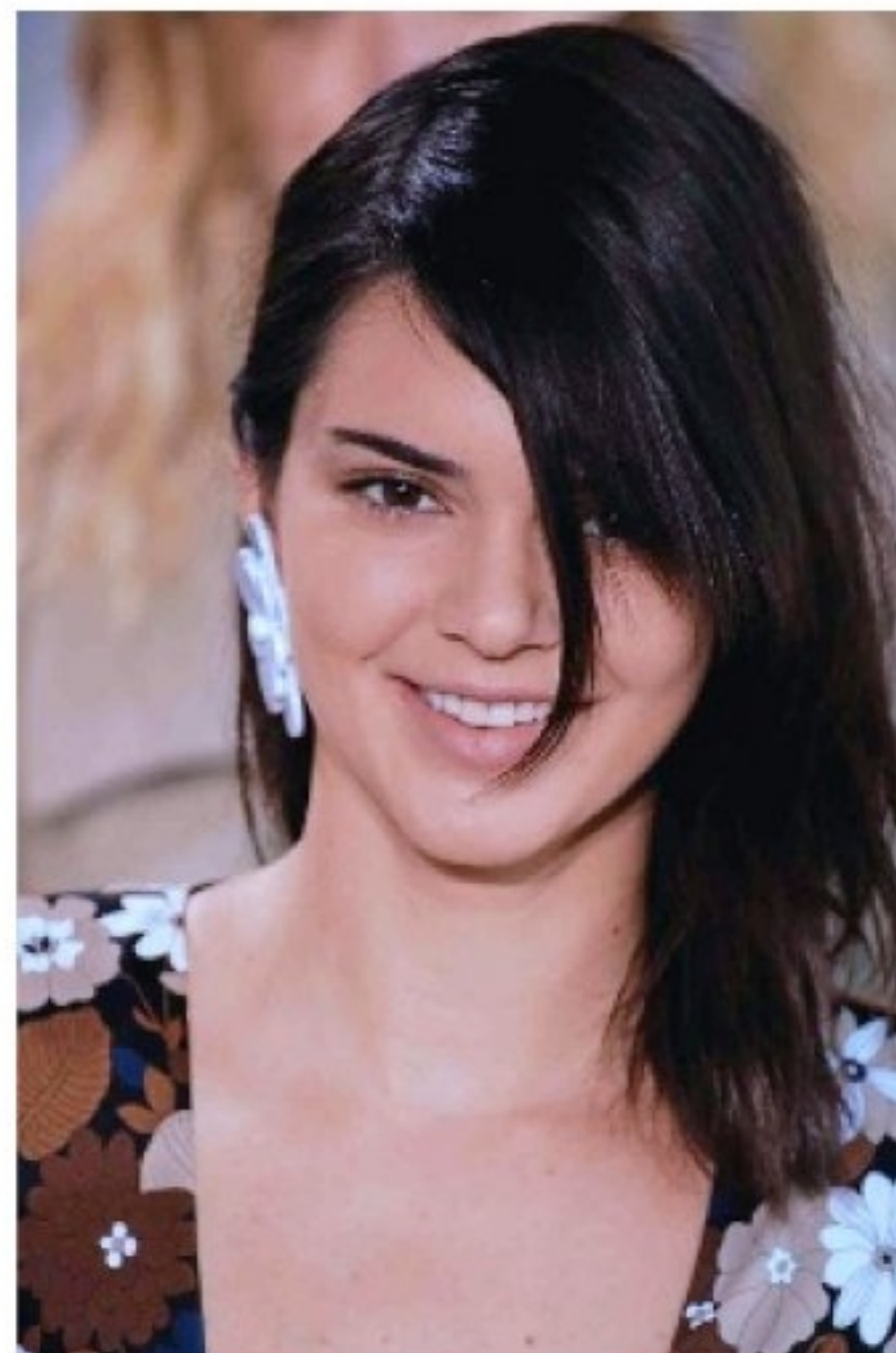
Jenner kept her composure through nearly an hour of testimony about McKenzie, 25, who was arrested in August outside her home and charged with misdemeanor stalking and trespassing.

He could face up to six months in jail if convicted of either charge.

McKenzie is a transient from Florida who has several trespassing convictions unrelated to Jenner. He stared at his lap or toward a wall on the opposite end of the courtroom throughout much of Jenner's testimony.

McKenzie's attorney Taylor Shramo told jurors during opening statements Wednesday that his client has a severe mental disorder and was unarmed and simply trying to talk to the model.

THE ASSOCIATED PRESS



At a trial on Thursday, Kendall Jenner testified that a man accused of stalking her followed her up the driveway of her home and knocked on her car window. THE ASSOCIATED PRESS

RESPONDING TO BACKLASH

Lil Wayne says a 'white man' saved his life, but racism exists

Lil Wayne understands why some people criticized him for saying racism is over, but claims people don't see it from his perspective.

The rapper got some backlash last month when he told Fox Sports 1's Undisputed that there was "no such thing as racism" because his concert audiences had a lot of white fans. He also said millennials knew that racism wasn't cool.

When asked on Tuesday to expand on his thoughts, Lil Wayne told The Associated Press that one of the reasons he feels that way is because a white police officer saved his life when he was 12 years old after he accidentally shot himself in the chest.

"Yeah, he was a cop, and my life was saved by a white man. I don't know what racism is. I know a good (expletive) named Uncle Bob, though," Carter said.

The Grammy-winning rapper said he was lying on the floor when police broke down the door, stepping over his body looking for guns and drugs. But one man stopped and chastised the others for leaving him.

"He was white as snow. Them (expletive) that hopped over me were blacker than me," Carter said. He said the man known as "Uncle Bob" personally took



Lil Wayne has been criticized for saying there is 'no such thing as racism.' RICH FURY/INVISION/ASSOCIATED PRESS FILE

him to the hospital and stayed with him.

"(He) stood there and waited until the doctor said 'He's gonna make it,'" Carter said.

Still, he acknowledged that despite what he told Skip Bayless on Undisputed, there is a such thing as racism. However,

he says when he looks out from the stage, he sees all colours.

"It's the world out there. It's not a certain part or a certain kind or a certain culture or whatever of people, it's people — those people out there in that crowd," Carter said.

THE ASSOCIATED PRESS





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Highway of Tears in a new light

IMAGINATIVE FESTIVAL

Story captured in virtual reality gives voice to slain women

Kris Abel
For Metro Canada



It's known as the Highway of Tears, an empty stretch of road in Northern British Columbia where at least 18 women, mainly indigenous, have gone missing or have been murdered since the 1970s.

The locals put the number at 50 women and their frustration at the lack of progress by the RCMP has been shared nationally through the news.

"For the native folks around there, the Highway of Tears is ground zero for them," explains Lisa Jackson, an indigenous filmmaker who has been commissioned by the CBC's *The Current* to capture the story in virtual reality. "That's where they come from, that's where their communities are, and it's not an isolated stretch somewhere out beyond, it's the very centre where their ancestors have always been."

The four-minute experience will take you to the land and into the lives of those involved so you can see for yourself what it's like to live there.

"We were able to use aerial 360 video footage so you can look around from the sky above the highway" says Jackson, "and just see this gorgeous landscape and then you look down and there's this ribbon of highway



The four-minute virtual reality experience of the Highway of Tears uses a 360 degree aerial view of the highway. CONTRIBUTED

which most of the time has no cars on it. We weren't making it into a tourism video, but it is gorgeous, there's just no two ways about it; there's mountains, it's green, it's just stunning up there."

When you enter the home of Matilda Wilson, whose daughter Ramona is among the murdered, it's a chance not only to hear her story, but to look around in her personal space.

"I've been to a lot of homes up in this area, on reserves, they're kind of unique because they're just plastered with family photos in a way you that don't see very often" says Jackson. "It was a fairly modest home and on every wall was not only photographs of all her large family, but also

tributes to Elvis. It was just such a colourful space."

Through Matilda, we get to experience the night her daughter left for a party only to disappear.

With virtual reality, Jackson says we can get "inside that experience of what it would be like to be that mother and the unknowing of it."

"Eventually she did find out the worst," Jackson confirms, "but just putting us in those shoes of how awful it would be to be in that situation and not know and sort of have the police say 'well, y'know, give it a couple of weeks, she'll probably come back.'"

The Highway of Tears VR will be featured in Toronto's ImagineNATIVE film & media



Filmmaker Lisa Jackson has made a four-minute virtual reality story on the Highway of Tears. CONTRIBUTED

arts festival from Oct. 19th – 23 and will also be used for a series of Town Hall discussions

across the country that will air on CBC radio, starting in Prince George, B.C.

CIVIL RIGHTS

Race PSA stars Michael B. Jordan

A searing new public service announcement starring Michael B. Jordan, Danny Glover and Michael K. Williams takes on the issue of racial bias in police shootings with a simple message: "Black is not a weapon."

The four-minute, black-and-white PSA features the actors up against a wall to a soundscape of news reports, TV commentators and 911 calls about police encountering black men. At one point, the screen goes dark to the sound of bullets.

Also appearing are TV personalities Van Jones and Marc Lamont Hill, artists Sophia Dawson and Sydney G. James, and rapper Mysonne. It's called *Against the Wall*.

Musician and civil-rights activist Harry Belafonte, whose social justice organization, SanKofa, partnered with directors Gerard Bush and Christopher Renz to create the video, also narrates.

THE ASSOCIATED PRESS



Michael B. Jordan. GETTY IMAGES

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EUROPE

This isn't your 19th-century composer's fancy-dress ball

Megan Haynes
For Metro Canada



When people think of Vienna, they think of grandiose buildings, philosophical talks in coffee shops, grand balls and classical music — but that's changing.

Vienna, named the most livable city in the world seven times by consulting firm Mercer, is attracting and retaining more youth than ever.

While once Austrian millennials flocked to Berlin, today they're staying put in Vienna and starting their businesses there as well, creating a welcoming place for the under-30 set. Case in point: While each January Vienna plays host to hundreds of balls where patrons don formal wear and dance the night away, the Hip Hop Ball instead opts for a giant night-club vibe.

The gala, which sees patrons mix floor-length gowns with street gear, brought in more than 200 people last year, says 27-year-old founder Sajeh Tavasolie.

This year, it's moved to a bigger venue (a 19th-century building traditionally used to house classical music performances) to accommodate demand. The ball mixes traditional hip-hop dance with Viennese waltzing, which most youth learn from a young age, creating a unique atmosphere patrons won't find anywhere else.

Not to worry if you aren't

Vienna, remixed



While Vienna is known for the hundreds of formal balls it puts on every year, the Hip Hop Ball provides a refreshing alternative. Vienna is retaining more of its youth that it once lost to the likes of Berlin, who are starting their own businesses and bringing new life to the city. LEFT: @WIENTOURISMUS/MANFRED HORVATH, RIGHT: ANGELO KREUZBERGER



IF YOU GO

Save the date
The next Hip Hop Ball is taking place Jan. 28, 2017

around for ball season though — Vienna has surprising twists on classics all-year round.

Take Supersense, a coffeehouse that balances between traditional Viennese café and hipster hang-out. The café/store serves its espressos in a beautiful gilded baroque building. But wander into the back and everything old is new again: Shoppers can take a photo with the world's largest digital Polaroid, record a song in a make-shift studio booth made out of an old elevator cart and get their own record pressed, or even try their hand at the "scents lab," a kit that allows people to buy bottled smells. The idea is that the little capsules are to be broken at key moments people want to remember, so that they can build a scent memory.

No trip to Vienna would be complete without some orchestra. But rather than shell out hundreds for tickets to see a show in theatre, wander down to the Haus der Musik museum and take a teched-out tour of the classical music scene complete with holograms of Vienna's famous composers and a (creepy) motion-activated Mozart that mimics your facial movements.

At the end of the tour, visitors can conduct their own orchestra or score prime seats to enjoy a Beethoven/electronic remix.

Classical still permeates all facets of this Austrian city, but there's plenty of modern fixings for those looking for this kind of twist.

TRAVEL NOTES CEASING SELLING CAPTIVE-ANIMAL ATTRACTIONS, HEMINGWAY'S STUFF SAVED & NEW WEST MEMPHIS TRAIL

TripAdvisor takes stand on animal exploitation

TripAdvisor says it's taking a stand against animal exploitation by no longer selling bookings to attractions where travellers can make physical contact with captive wild animals or endangered species. The policy was formed with input from tourism, animal welfare and conservation groups including the Association of Zoos and Aquariums.

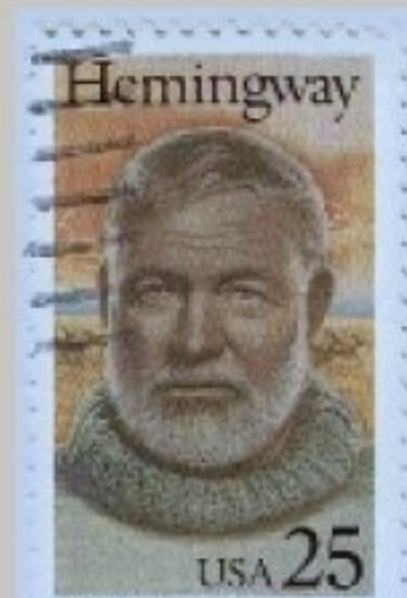
THE ASSOCIATED PRESS



ISTOCK

US, Cuba step up efforts to save Hemingway artifacts

Ernest Hemingway was a pack rat who saved everything. Fortunately for fans of the literary icon, U.S. and Cuban officials and scholars have been working together to preserve artifacts at his former estate in Cuba — items they say will help illuminate his colorful legacy. Hemingway threw little away, effectively leaving behind a rich archive that includes his passport and Christmas cards. THE ASSOCIATED PRESS



HANDOUT

Construction set to begin on trail in West Memphis

Crittenden County officials said a proposed walkway along the Mississippi River wetlands will generate more tourism revenue to West Memphis and encourage industrial development. The city will begin developing the Delta River Regional Trail for pedestrians and bicyclists on the city's east side in November.

THE ASSOCIATED PRESS



Thousands come each year to the valley where Frank Lloyd Wright built his home and tested his ideas about building in harmony with nature. TALIESIN PRESERVATION INC.

Cheese curds and Frank Lloyd Wright

WISCONSIN

Famous architect spent summers on uncle's farm

Walking around Madison, Wisconsin, you might feel a sudden sharp pain in your leg, but it's probably just a pocketful of toothpicks from all the cheese curds you've sampled at the farmers market. Chalk it up to one of those 'Welcome to Wisconsin!' moments, starting with a display of orange cheesehead gear — worn by fans of the Green Bay Packers — that will greet you at Milwaukee's airport. Later, you get these directions to a cheese store: "Take a right and look for the cow."

You'll spend as much time admiring the Milwaukee Art Museum outside as you will looking at the art inside. From one angle, the white, winged Santiago Calatrava-designed building on the Lake

Michigan waterfront looks like a bird in flight. From another angle, it's a ship setting sail. Inside, white ribs form a futuristic tunnel with a lake view.

But don't forget the art: the spooky hooded figure of Saint Francis of Assisi in His Tomb; an excellent Georgia O'Keeffe collection, including a striking photo of her shot by her husband Alfred Stieglitz; and a suitcase propped open on the floor, an untitled work by Robert Gober that reveals an entire subterranean world.

It's so crowded at the Dane County Farmers' Market that you can't choose which way to walk.

You can only flow with the sea of humanity in one direction past tables overflowing with fruits, veggies, flowers, baked goods and of course, cheese curds, those squeaky bits of fresh cheese goodness, in flavours ranging from dill to Sriracha. The market runs Saturdays until 1:45 p.m. through Nov. 5 around the state capitol, then moves in-

Take a right and look for the cow —
Directions to a Cheese shop.



doors to Madison's Monona Terrace, Saturdays Nov. 12-Dec. 17.

Drive to nearby Middleton for a quick stop at the National Mustard Museum (free admission, goofy mustard-inspired art and every type of mustard imaginable). Then rent a bike for a ride around Lake Monona. The lake trail often detours from the waterfront and it's hilly (you thought the Midwest was flat?). But exercise will feel good after eating all that cheese.

America's most famous architect, Frank Lloyd Wright, spent his teenage summers working on his

uncle's Wisconsin farm. You can see how that landscape of farms and rolling hills influenced Wright's style and esthetics at Taliesin, his house and estate in Spring Green.

Wright set out to replace the vertical boxy shape that dominated home design in the late 19th and early 20th centuries with modernist structures that flowed horizontally like the Midwestern prairie.

Taliesin was a lab for his ideas: open floor plans rather than walled-off rooms, large windows with expansive views and a structure built to suit the terrain. House tours are offered daily through Oct. 31 and Friday-Sunday through November.

Taliesin was also the site of a shocking crime: A house employee murdered Wright's mistress and six others in 1914 and set fire to the house. But Wright was resilient. He rebuilt and kept going. New York's Guggenheim Museum, was being built when he died at age 89 in 1959.

THE ASSOCIATED PRESS

AFRICA

From Dakar to St. Louis: Road tripping in Senegal

From dizzying Dakar to vibrant Saint-Louis, Senegal pulsates with rich culture, history and charm.

If you want to experience it all — from bustling cities to sleepy, seaside villages — hop in a rental car, charge up your favourite navigation device or app, brush up on your conversational French, and start your road trip across Africa's colourful western coast.

Dakar for the art, music lover
Senegal's largest city perched on the tip of the Cap-Vert peninsula is an ideal starting place for your journey.

Spend the afternoons filling your suitcases with trinkets and T-shirts from the capital's many frenetic street markets. For a more serene shopping experience, head to La Galerie Antenna.

This African art mecca boasts an impressive collection of sculptures, paintings, masks and jewelry from across the continent.

Rest up and head out after midnight to experience Dakar's thriving music scene at a local bar or club. After your late night, regroup by the beach at one of Dakar's luxury hotels.



Goree Island is a UNESCO world heritage site. ISTOCK

While most of Senegal is surprisingly drivable, Dakar traffic is not for the faint of heart. Be prepared for a general disregard of road signs and discombobulating roundabouts. Some rental car packages include drivers or one

can be arranged through your hotel. Or hop in taxis for short trips. They're abundant and inexpensive. Be sure to check rates with a local before hailing a ride and negotiate the fare with your driver in advance.

Goree Island for the history buff

An afternoon (at least) spent exploring the history and architecture of Ile de Goree is a must when visiting Dakar. The

GLAMPING

Fathala Wildlife Reserve, with three-course meals and luxury air-conditioned tents is near the Gambia border.

Excursions range from jeep safaris to mangrove boat tours.

The attraction started as a conservation project for an antelope, the Giant Derby eland, but zebras and giraffes and one lone rhino can also be seen.

UNESCO World Heritage site was a shipping point for African slaves during the 16th through 19th centuries.

The island's most famous and sobering attraction, Maison des Esclaves (Slave House), has had many high-profile visitors, including President Obama in 2013.

It is now a museum and memorial site serving as symbol for the larger slave trade throughout Africa.

You can easily book a tour

guide when you arrive, but the small, tranquil island is quite walkable on your own. Take in the scenic ocean views, colorful, crumbling architecture, shops and street vendors before dining on fresh fish at the hilltop restaurant, Dolce Vita.

Ferries leave regularly from Dakar's main port.

Saint-Louis for day trippers

Craving a quick trip outside the city? Head 320 kilometres north to the French colonial settlement Saint-Louis.

This lively fishing community connects to the historic city centre, a small island in the Senegal river brimming with colonial charm. Reminiscent of New Orleans, Saint-Louis boasts boutique hotels, trendy restaurants, galleries and an annual jazz festival.

Don't miss Senegalese designer Rama Diaw's boutique, which features colourful and wearable clothing and accessories for women.

If you have the time, head farther north to the lush wetlands of the Djoudj National Bird Sanctuary, another UNESCO World Heritage site.

THE ASSOCIATED PRESS

"The logo — Chief Wahoo — is one that was troubling to me personally": Jays president Mark Shapiro who was once a Cleveland executive

Jays hang loose amid post-season pressure

MLB PLAYOFFS

Cleveland won regular-season series 4-3

A loose bunch of Blue Jays wasted little time making some changes to their Progressive Field home away from home for the American League Championship Series with Cleveland.

With the clubhouse closed to the media during the post-season, it was up to centre-fielder Kevin Pillar to partially spill the beans.

"All of our name plates have been changed from our normal names," Pillar said as the Toronto players met reporters in a stadium restaurant ahead of Game 1 Friday with the Indians. "I wasn't in there during it but someone's given everyone nicknames already. Not the nicest of nicknames but that's just how we are — we keep it loose, we keep it fun."

"No one is safe, whether you're the MVP, a multiple-time all-star or the rookie sitting across. Everyone's got free rein to say what they want and do what they want and that's what makes the environment so fun."

Staying loose is nothing new



Jason Grilli, left, and Marcus Stroman share a laugh during the Blue Jays' extra-innings victory over the Rangers on Sunday in Toronto. VAUGHN RIDLEY/GETTY IMAGES

for the Blue Jays, who are trying to make the most of the post-season moment after falling two wins shy of the World Series last season.

"Enjoy (it)," veteran shortstop Troy Tulowitzki said Thursday. "That's what I try to tell all these young guys on the team. It's not easy to get here. For it to be our second year in a row speaks volumes about the guys on this team."

Having recovered from a 3-9

"I think our heads are in a good place."

Jose Bautista

start to September, they fought their way into the playoffs, survived the wild-card hurdle and swept Texas in the AL Division Series.

The Indians present a con-

siderable challenge. Cleveland won the AL Central before sweeping the Boston Red Sox.

The Indians can manufacture runs with their bats and speed, ranking fourth in the majors with 134 stolen bases (Toronto was 25th with 54). Andrew Miller and Cody Allen lead a more than capable bullpen.

The Jays were the only AL team whose starters' ERA (3.64) was under 4.00. Cleveland was next at 4.08. THE CANADIAN PRESS

ALCS head to head

How Toronto and Cleveland stack up positionally TORSTAR NEWS SERVICE; PHOTOS BY GETTY IMAGES

1 Starters

No one has as much depth in their four-man rotation as do the Blue Jays. Toronto's starters are a combined 55-22. The Indians have a Cy Young candidate in Corey Kluber, plus Trevor Bauer and Josh Tomlin, but they lost RH Danny Salazar and RH Carlos Carrasco to injury.

EDGE: Toronto.

2 Bullpen

RH Jason Grilli and RH Joe Biagini, plus LH Brett Cecil are the main setup men for 21-year-old closer Roberto Osuna. But the Indians have a versatile, elite bullpen with closer Cody Allen and lefty setup man Andrew Miller. EDGE: Cleveland.

3 Lineup

The Toronto lineup has bounced back in the post-season to strike fear in the hearts of opponents. Of the 21 playoff home runs hit in the AL this year, 10 have been hit by the Jays. Cleveland has great balance, with five switch-hitters and three left-handed bats. EDGE: Even.



4 Intangibles

The Jays have the home-crowd advantage, with a raucous atmosphere that fuels them. The Jays are 9-4 in their past 13 playoff games. Cleveland's Terry Francona is 31-18 record as a manager in the post-season. EDGE: Jays. PICK: Jays in seven.

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MLB PLAYOFFS TENSE GAME 5 FOR DODGERS, NATIONALS

Joc Pederson, right, of the Los Angeles Dodgers celebrates with third-base coach Chris Woodward after hitting a solo home run in the seventh inning off of Washington Nationals starter Max Scherzer during Game 5 of their National League Division Series on Thursday night in Washington. Go to metronews.ca for the result. ROB CARR/GETTY IMAGES

Cubs turn to Lester in Game 1 of NLCS

Jon Lester is all set for Game 1 of the NL Championship Series on Saturday night. The rest of the Chicago Cubs' rotation depends on the health of Kyle Hendricks.

Hendricks left Game 2 of the Division Series against San Francisco when a comebacker went off his right forearm in the fourth inning. He had a bullpen session Thursday, and the Cubs are waiting to see how he feels before confirming the major-league ERA leader for Game 2 on Sunday night.

"Just find out where Kyle is. Just making sure that he's

healthy," manager Joe Maddon said. "He threw today. You always wait a little bit to find out if there's any after-effect of that and then you make your determination. But that's about it, just health."

103

The Cubs' regular-season win tally — a major-league best.

Hendricks is coming off a breakout season, going 16-8 with a 2.13 ERA this year that included a 9-2 record and 1.32 ERA in 15 home games.

Assuming Hendricks comes through the bullpen session just fine, he likely would be followed by Jake Arrieta in Game 3 and then John Lackey.

THE ASSOCIATED PRESS

IN BRIEF

Chelsea confirm Nike deal

Nike will take over as Chelsea's official sportswear supplier next season in what the English Premier League club says is the "largest commercial deal" in its history.

Chelsea said Thursday that it is a "long-term agreement" with Nike.

THE ASSOCIATED PRESS

Newton practises in full

Carolina Panthers quarterback Cam Newton practised for a second straight day Thursday, another indicator the league's reigning MVP will likely play Sunday against the New Orleans Saints. Newton missed Monday night's loss to Tampa Bay.

THE ASSOCIATED PRESS

'Classic matchup' featured in Week 6

NFL

Sherman-Jones duel will likely light up Falcons versus Seattle

As his career has progressed, Seattle's Richard Sherman has become more adept at shadowing a specific wide receiver instead of concentrating on covering one side of the field.

He may have quite the challenge coming up Sunday: Atlanta's Julio Jones, just two weeks removed from racking up 300 yards receiving against Carolina.



Richard Sherman
GETTY IMAGES

"I watch the wide receiver play in Julio, he's one of the very greatest football minds at his position. He has a real understanding of the game, the coverage, the leverage and that was one of the things when I first met Sherm," said Atlanta head coach and former Seattle defensive co-ordinator Dan Quinn.

"I was so impressed with his football knowledge growing stronger through the years. That'll be a classic matchup that we're looking forward to being a part of."

Yes, even the coaches are excited to see how this one plays out. While it's not certain Sherman will match up on Jones exclusively, there have been plenty of assumptions this week that will be the case. And should they face off, there won't be any acrimony. Jones and Sherman have become friends off the field after



Falcons wide receiver Julio Jones torched Daryl Worley and the Panthers for 300 receiving yards on Oct. 2. JOHN BAZEMORE/THE ASSOCIATED PRESS

meeting at the Pro Bowl.

"He's a fascinating dude," Sherman said.

Once criticized for only playing left cornerback, Sherman has taken on more responsibility for following the opponent's top wide receiver in recent seasons. Among those he's chased around are Dez Bryant, Antonio Brown,

Torrey Smith, A.J. Green and two weeks ago, Brandon Marshall.

Marshall got the better of Sherman in the first half of the Week 4 meeting between the Jets and Seahawks. But Sherman came out on top, with Seattle winning 27-17 and Sherman having his first two-interception game since the 2014 season.

Jones said he doesn't know what to expect from the Seahawks.

"I'm not calling anyone out or anything; nor am I going to shy away from competition. I'm definitely going to compete every play, it doesn't matter who's guarding me."

THE ASSOCIATED PRESS

NHL

Penguins knock off Capitals in shootout



The Penguins' Carl Hagelin bowls over John Carlson of the Capitals on Thursday.

FRED VUICH/THE ASSOCIATED PRESS

Phil Kessel beat Braden Holtby in the fourth round of a shootout and the Pittsburgh Penguins began the defence of their Stanley Cup with a 3-2 victory over the Washington Capitals on Thursday night.

Kessel's wrist shot over Holtby's glove was initially ruled no goal but was overturned on replay. Marc-Andre Fleury then stuffed Alex Ovechkin from in close to help the Penguins improve to 5-0 all-time against Washington in season openers.

Fleury finished with 39 saves for Pittsburgh. Patric Hornqvist and Evgeni Malkin scored as

THURSDAY In Pittsburgh

3	2
PENGUINS	CAPITALS

the Penguins capped a celebratory night in which they lifted their latest Stanley Cup banner to the rafters by tripping up a familiar rival.

Andre Burakovsky scored twice for Washington and Holtby made 28 stops but allowed three goals in the shootout.

The Penguins began their

50th season with one final nod to their 49th, as Sidney Crosby capped an electric pre-game ceremony by carrying the Stanley Cup onto the ice one last time and placing it on a table at centre ice before joining his teammates to watch the banner join others the organization earned in 1991, 1992 and 2009.

No team has repeated since the Detroit Red Wings did it nearly 20 years ago, and Pittsburgh will begin its second defence of the Crosby-era without their captain, who is out indefinitely while dealing with a concussion. THE ASSOCIATED PRESS

RECIPE Chickpea and Spinach Stew



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

- 1 x 28 oz can tomatoes
- 1 x 28 oz can of chickpeas
- 1 cup water
- Pinch of salt

This recipe yields a lot of hearty soup, which is good news as the flavours deepen even more when you warm up the leftovers.

Ready in 30 minutes

Prep time: 5 minutes
Cook time: 25 minutes
Serves 6

Ingredients

- 2 onions, chopped
- 2 to 3 Tbsp vegetable oil
- 3-inch piece of ginger, grated or minced
- 4 cloves of garlic, minced
- 2 or 3 big handfuls of baby spinach, washed and stems trimmed
- 2 tsp turmeric
- 1 tsp cumin
- 1/2 tsp ground coriander
- 1/2 tsp cayenne (optional)

Directions

1. Sauté onions and pinch of salt in oil until they are quite soft, about 10 minutes. Add garlic and ginger and stir for about a minute or two. Add spices and cook for another minute.

2. Add chickpeas and tomatoes. Use the back of a spoon to break up the tomatoes. Add the water and bring to a boil. Add the spinach, reduce heat and simmer for about 15 minutes.

3. Serve over rice and with a dollop of plain yogurt on top.

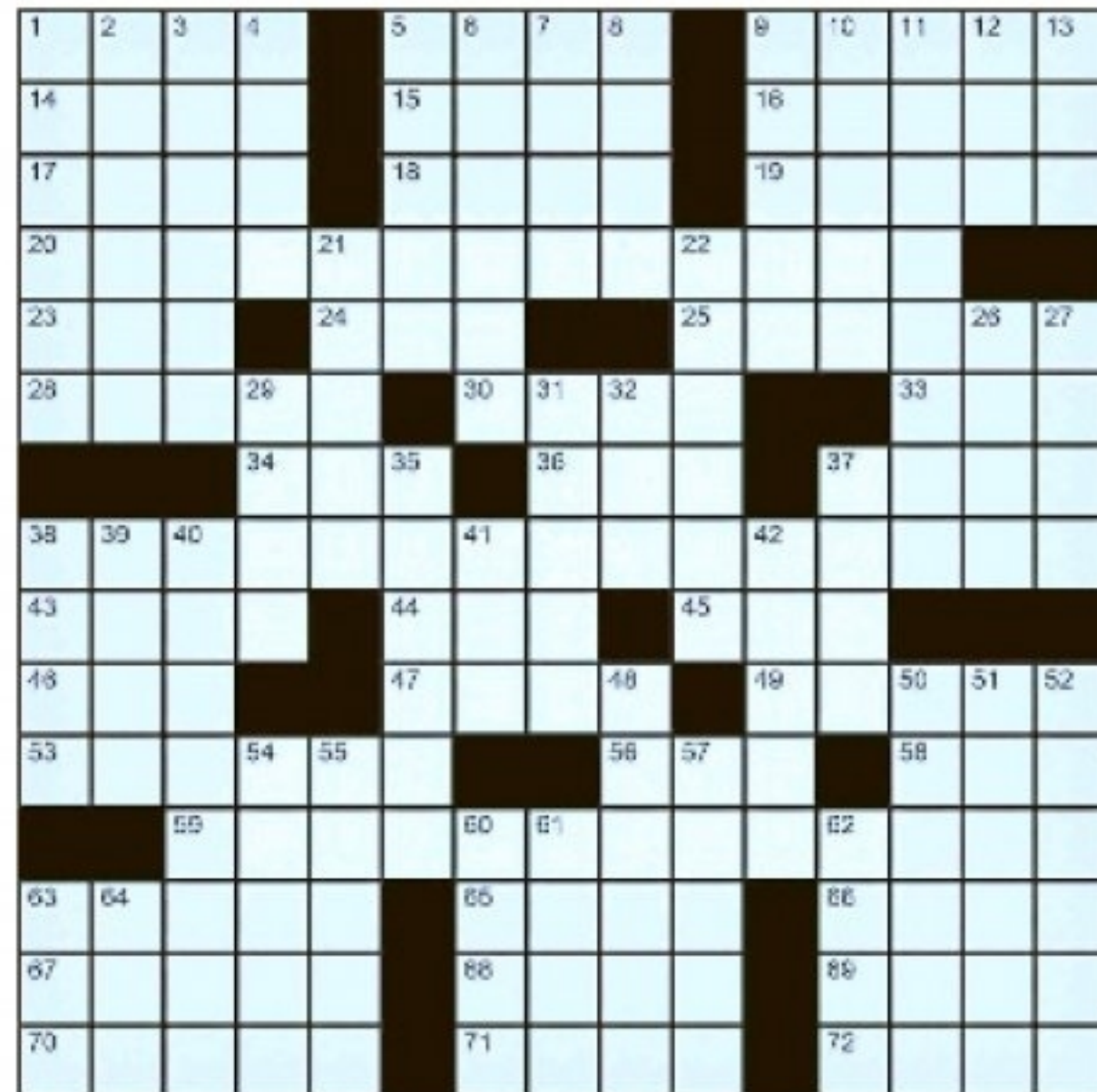
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ACROSS

- Pre-DVD machines
- Prompted the thespian
- Not glossy
- Zeno of _ (Ancient Greek philosopher)
- As soon as...
- Walk _ line
- Lion's sound!
- Ms. Sorvino
- Jams in
- Neil Young song where "it's so noisy at the fair": 2 wds.
- Author Ms. LeShan
- Singer Janis
- More less asleep
- Church council
- Swedish car
- Saskatoon's airport code
- CFL official
- Ancient war god
- "Arriba" is a 1999 hit for what Canadian dance music singer?
- Tune penned by #59-Across that goes "There is no end to what we can do together...": 4 wds.
- Large land lot
- Mined mineral
- Bitty battery
- Him, in Hull
- Monthly abode payment
- Ms. Stefani's
- Francia's neighbour in Europa
- Ms. Arden
- Ms. Michele
- Rock legend who Neil Young is opening for at this weekend's Desert Trip music



festival in Indio, California: 2 wds.
63. "Grease" (1978) gang member
65. Amazed reactions
66. Conceal
67. Mountain chain
68. Merle Haggard's _ from Muskogee

69. Vigour, for short
70. Longing-for sounds
71. Kiki and Sandra
72. Positive gestures

DOWN

- Poetic lines
- Overcast

3. Carter's presidential successor
4. Ms. Gilbert
5. "Winnipeg, Manitoba" has one
6. Marriages, for example
7. Nylons hue
8. Hollywood icon James

9. Parrot variety
10. Glass-ceiling lobbies
11. Two words of gratitude
12. Mr. Burton
13. Nav. designation
21. _ bicycle (Travel on two wheels)
22. Latin 'blank slate', _ rasa

26. Corporate honcho, briefly
27. Stink, strongly
29. "What's Hecuba to him _ to Hecuba..." - Hamlet
31. " _ hut, soldiers!"
32. Small island
35. _ arrangement (Aromatic centrepiece)
37. Nicknamed 'Hunger Games' actress
38. Corduroy line
39. Post-op locales
40. Concert album of 1990 by #59-Across: ' _ the Live Fantastic'
41. Dublin's wee locale
42. Raring to go
48. Electronics whiz
50. Warm ocean current: 2 wds.
51. Required
52. Gale _ role in football biopic "Brian's Song" (1971)
54. Irritated pirate's noise!
55. Sans-clothing paintings
57. Flowers displays
60. State of mind
61. Cola brand
62. In that case...
63. 'Sharknado' movies actress...her initials-sharers
64. Actress Ms. Ling

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a challenging day! Relationships with partners and close friends are unpredictable. Some relationships might even end. Clashes with authority figures are intense. (Yikes!)

Taurus April 21 - May 21
Your work routine will be interrupted with computer crashes, equipment breakdowns, canceled meetings or fire drills. It could be anything. Avoid touchy subjects, because people are ready to quarrel.

Gemini May 22 - June 21
This is an accident-prone day for your kids, so be extra vigilant. Arguments about the care and education of children, shared expenses or the division of labor might arise.

Cancer June 22 - July 23
Family squabbles are likely today, because something at home will occur unexpectedly. Small appliances might break down or minor breakages could occur. Have patience!

Leo July 24 - Aug. 23
This is an accident-prone day for your sign, so pay attention to everything you say and do. Think before you speak. Avoid arguments with co-workers.

Virgo Aug. 24 - Sept. 23
Something to do with your cash flow or your finances will surprise you today or catch you off guard. Double-check everything. Financial squabbles with your kids or a romantic partner might occur.

Libra Sept. 24 - Oct. 23
Discussions are heated today because people are obsessed about whatever concerns them. Furthermore, you or someone else might demand more freedom in relationship.

Scorpio Oct. 24 - Nov. 22
This is a tough day because you feel restless and indecisive. Too many things are going on. Instead of being frazzled, be patient and diplomatic when talking to others.

Sagittarius Nov. 23 - Dec. 21
You might be upset with a friend today or with your interaction with a member of a group. This could be because something unexpected occurs. Don't overreact.

Capricorn Dec. 22 - Jan. 20
Conversations with bosses and authority figures might upset you today. Perhaps someone will say something that throws you a curveball. Be careful. Don't quit your day job.

Aquarius Jan. 21 - Feb. 19
Travel plans will be delayed, canceled or rescheduled today. Ditto for school plans for many of you. Just cope as best you can.

Pisces Feb. 20 - March 20
Make friends with your bank account because something unexpected will affect your finances. Get all your facts first before you decide what to do. Don't just shoot from the hip with guesswork.

CONCEPTIS SUDOKU by Dave Green

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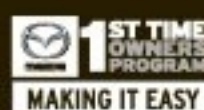


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